

MOUNTAIN DOIN'S

Intergroup Newsletter

October 1990



Published by Intergroup of WNC(Districts 70&80).Address: 707 Park Place Offices, 70, Woodfin Place, Asheville, NC 18801. Phone: (704) 254-8539 or 1-800-287-5534

Readers' Forum

LIVE LETTERS

Learning to Accept

I was struggling the other day to control my resentment at one particular person in our group who managed to annoy me every time he spoke. If he wasn't lecturing someone at a meeting he was proclaiming his own spirituality. I often felt like walking out.

But then I read a little piece in a newsletter and it changed my attitude. In effect, it reminded me that learning to accept situations we cannot change and to try to understand those people who annoy us at meetings shows signs of personal growth. None of us is perfect. We need to stay clear of things that interfere with working our program. And other people's idiosyncracies should not disturb our peace of mind. —FW

Twelfth Step Reluctance

Frankly, I just don't have the courage to bring this matter up before my own group, so perhaps some anonymous reader will be able to help me through the Live Letters column of Mountain Doin's. The fact is that I'm scared to death of trying any 12th Step work. I just feel that I'm not ready for it and would mess it up. I've been in the program two years and I guess that should be long enough to know at least some of the answers, but I don't believe I have the answers to other people's problems.

Can someone give me some advice on this subject. I *want* to be able to help a fellow suffering alcoholic, but I just don't know how. —ML

Intergroup's new 800 number

Intergroup was able to take a giant step forward in September when plans for an 800 number became a reality. With immediate effect, all callers to Intergroup, outside Buncombe County, may use the 800 number, day or night. The office will continue to be manned from Monday to Friday from 9:30 a.m. until 12:30 p.m. and at all other times the same 800 number will switch to its answering service. Thus, the new number may be called 24 hours a day. Here's the number:

1-800-287-5534

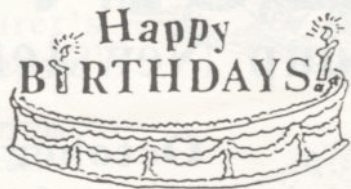
The Smoking Gun again

I agree with the writer who put in a plea for nonsmoking areas in AA group meetings. The trouble is that mostly it seems to be the oldtimers who are the worst offenders, and they are usually the ones who hold sway over the group. But wouldn't you think they could postpone their own death sentences for just one hour a day—let alone once a week? —JF

Live and Let Live—darn it!

I used to get really upset over what now seem to be trifles. I mean, often I've done someone a favor and they haven't been grateful enough. Or somebody has badmouthed me, and I thought he was a friend! My emotions made me all confused and sort of revengeful for a time.

But today I think, "What the hell—it's not worth messing up my own sobriety over." And I try to put it behind me. It won't be long before it's all forgotten. So I'm learning to concentrate on the happier things that happen during the day. After all, life's too short to let pettiness ruin even one day. —K.S.



Black Mountain Group

| | | |
|--------|----------|----------|
| Joy G. | 10/12/83 | 7 years |
| Jim M. | 10/28/85 | 5 years |
| Don H. | 10/12/68 | 22 years |
| Bob S. | 10/9/84 | 6 years |

Brevard Group

| | | |
|-------------|---------|---------|
| Margaret H. | 9/ /86 | 4 years |
| Spud A. | 9/28/88 | 2 years |
| Debbie A. | 9/29/88 | 2 years |

Canton Group

| | | |
|----------|--|---------|
| Henry W. | | 5 years |
| Jane H. | | 4 years |
| Ed. H | | 2 years |
| Tommy H. | | 1 year |

Hendersonville Ladies Group

| | | |
|------------|----------|----------|
| Maya | 9/4/87 | 3 years |
| Carol H. | 9/28/72 | 18 years |
| Mildred M. | 10/18/71 | 19 years |
| Wanda | 10/19/88 | 2 years |
| Carolyn | 10/20/79 | 11 years |
| Barbara B. | 10/22/70 | 20 years |

Hendersonville Group

| | | |
|------------|---------|----------|
| Maurice W. | 8/8/87 | 3 years |
| Don B. | 8/23/82 | 8 years |
| Ray D. | 8/21/80 | 10 years |
| Bill F. | 8/28/87 | 3 years |
| Susan J. | 9/16/85 | 5 years |
| George W. | 9/13/82 | 8 years |
| Mike I. | 9/3/83 | 7 years |

Leicester Group

| | | |
|----------|--------|---------|
| Grady O. | 9/1/86 | 4 years |
| David H. | 9/9/85 | 5 years |

Marshall Group

| | | |
|------------|--------|---------|
| Lynda M. | 8/6/85 | 5 years |
| Malcolm O. | 8/9/85 | 5 years |
| Harry B. | 9/2/88 | 2 years |

Midday Group

| | | |
|-------------|----------|----------|
| Beth A. | 9/15/85 | 5 years |
| Louise F. | 9/11/82 | 8 years |
| Ella Mae J. | 9/23/87 | 3 years |
| Pam E. | 9/21/89 | 1 year |
| Don C. | 10/7/80 | 10 years |
| Dorothy P. | 10/ /86 | 4 years |
| Stan S. | 10/20/86 | 4 years |
| Harold H. | 10/31/89 | 1 year |

Traditional Group

| | | |
|---------|----------|----------|
| Eric P. | 10/15/72 | 18 years |
| Russ B. | 10/31/71 | 19 years |

A Few Words With The Boss

The trusted servants at Intergroup of WNC all have titles, individually and collectively: Vice-Chairman, Chairman of the Public Information and Professional Relations Committee, Member of the Board of Directors, *et al.*

The truth is found on page 13 of our most basic service guide, the pamphlet *The AA Group*:

"The jobs they do may have titles. But titles in AA do not bring authority or honor; they describe services and responsibilities."

The full Intergroup, speaking through an informed group conscience is our real authority.

How do we assure that the partners are informed and can meet their responsibilities of overseeing the performance and

results of their servants' tasks? A major way is through *Mountain Doin's*, our in-house monthly newsletter. It's the most economical and convenient method we've found. The Secretary reports on meeting results and informs members of pending procedural actions, the Treasurer reports the monies collected and how it is spent, the Coordinator reports on the centralized office activities and arrangements for meetings. There's much more, but you get the idea.

Are you your Group's P.O.Box holder or mail opener? If so, please keep your Intergroup Representative's needs in mind and allow him or her access to a copy of the newsletter when it arrives.

Decisions are tough enough when informed to the extent imaginable. When, like old geese, we awaken each day to a brand new world, they are nigh impossible. Thank you.

—Intergroup of WNC Board of Directors

October Intergroup Meeting set for Sunday 14

To all Intergroup Representatives. The next Intergroup Meeting for Districts 70 & 80 will be held on October 14 at Highlands School, Pierson Drive, Highlands, NC, at 3:30 pm. See notice of District 80 Eating Meeting (under Calendar of Events). It is important that all Intergroup Representatives are present at the meeting. Their input is vital.



Fellowship News

Black Mountain Group to celebrate Anniversary. Come and help celebrate our 13th Anniversary on Monday, October 15, with a special dinner. We'll supply meats and drinks—you bring salads, vegetables, or desserts, potluck style. We'll eat at 7 p.m. The meeting starts at 8 p.m. Our speaker for this occasion is Tom M. from Charlotte. It's going to be fun and good fellowship!

New Meeting. A new meeting is announced at Cashiers, NC. Held at the Pine Grove Worship Center Administration office, there will be a Beginners' Meeting at 7 p.m., followed by a Closed Discussion meeting at 8 p.m. on Wednesdays.

A Timely Reminder

We want to hear from you and so do all your unseen friends, so keep those letters coming! Send in your comments, questions, suggestions - anything you'd like to share. Address all matter to The Editor, *Mountain Doin's*, Intergroup of WNC, 107 Park Place Offices, 70 Woodfin Place, Asheville, NC 28801. Items for publications in November *Mountain Doin's* must reach our Intergroup office by October 5.



Calendar of Events

District 80 Eating Meeting & Intergroup Meeting.

To be held on October 14 at Highlands School, Pierson Drive, Highlands, N.C. Eating will begin at 1:30 p.m. followed by the Speaker at 2:30.

IMPORTANT NOTE: Districts 70 and 80 Intergroup meeting will be held immediately following the speaker, at approximately 3:30 p.m.

District 70 Eating Meeting.

To be held on Sunday, October 21, at Brevard Davidson River Presbyterian Church. Judy M., State Delegate, will give a report at 3 p.m. Eating will begin at 4 p.m. Corrine H., State Secretary-Treasurer, will speak at 5 p.m. Please bring a covered dish.

27th Annual National AA Women's Conference

To be held on February 14-17, 1991, at the Twin Towers Hotel, Orlando, FL. For full information, call Myrt. R. (407) 644-5305 or Pat R. (407) 645-3859, or Kay P. (407) 898-4678.



Intergroup Phone Log

8/6/90—8/31/90

| | |
|-------------------------|-----|
| Answering Service Calls | 153 |
| General Information | 10 |
| A.A.Help | 9 |
| Family Help (Al-Anon) | 6 |
| Meeting Information | 39 |
| Intergroup Business | 36 |
| Others | 17 |
| Total | 270 |
| Visitors to Office | 35 |

Treasurer's Report



CONTRIBUTIONS

| | |
|------------------------|----------|
| Acceptance | \$ 20.00 |
| Back to Basics (J1-Au) | 50.00 |
| Black Mountain | 35.00 |
| Blue Ridge | 25.00 |
| Brevard | 42.54 |
| Canton Easy Does It | 25.00 |
| Cumberland | 25.00 |
| Fletcher | 25.00 |
| Hendersonville | 114.02 |
| Midday | 145.00 |
| Monday Morning Study | 35.00 |
| Ridge Runners | 35.00 |
| Serenity Service | 40.00 |
| Spruce Pine | 50.00 |
| Sylvan Valley | 30.00 |
| West Asheville | 70.00 |
| Individual Members | 27.00 |
| Total | 793.56 |

EXPENSES

| | |
|-----------------------|-------|
| Rent - 107 Park Place | 94.00 |
| Phone - Basic Service | 63.01 |
| Answer Service | 76.80 |
| Postage | 38.94 |

Expenses (continued)

| | |
|--------------------------|---------|
| Printing - Newsletter | 79.00 |
| Petty Cash | 2.00 |
| Special Workers - Coord. | 423.00 |
| Editor | 46.00 |
| Literature | 202.51 |
| Chips | 59.38 |
| Bank Services | 1.00 |
| Transfer to Reserve | 196.18 |
| Total | 1281.82 |

SUMMARY

| | |
|--------------------------|---------|
| Balance 7-31-90 | 460.37 |
| Income | |
| Group Contributions | 766.56 |
| Individual Contributions | 27.00 |
| Sales - Lit. & Chips | 688.90 |
| Total | 1482.46 |
| Sub-Total (available) | 1942.83 |

Expenses

| | |
|--------------------------|---------|
| Office | 823.75 |
| Literature | 202.51 |
| Chips | 59.38 |
| Transfer to Reserve | 196.18 |
| (Bal. 8-24-90: \$750.16) | |
| Total | 1281.82 |

Balance 8-31-90 \$ 661.01

Mountain Doin's is your personal contact with other members in our area and with Intergroup of Western North Carolina. We encourage personal subscriptions as well

as group subscriptions to the newsletter. All you have to do is fill in the form below and mail it in with your check or money order to the address shown below.

ORDER FORM

MOUNTAIN DOIN'S ANNUAL SUBSCRIPTIONS

AA Groups

| | |
|----------------------|-----------------|
| 3 Copies | No Charge |
| 5 Additional Copies | \$ 7.80 Per Yr. |
| 10 Additional Copies | 15.00 Per Yr. |
| 15 Additional Copies | 19.80 Per Yr. |

Individual Members

| | |
|-------------|------------------|
| Single Copy | \$ 10.00 Per Yr. |
|-------------|------------------|

Please circle which of the above you wish to receive and make out check or Money Order accordingly.

Subscription rates are subject to change dependant upon USPS rates.

Name _____

Group Reg No. _____

Street/POB No. _____

Town and ZIP _____

Clip and mail with check/M.O. to:

INTERGROUP OF WNC
107 Park Place Offices
70 Woodfin Place
Asheville, N.C. 28801