

MOUNTAIN DOIN'S

Intergroup Newsletter

July 1990



Published by Intergroup of WNC
(N. Carolina Districts 70 & 80)

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Readers' Forum

LIVE LETTERS

AA is Not a Religion

I would like to take exception to B.B.'s statement concerning use of other than Conference approved literature as a part of a regular AA meeting. Very early in my recovery I found that for me the use of only Conference approved literature kept our meetings from becoming dumping grounds for every disgruntled recovering alcoholic having problems with his/her personal religion. For me, AA is not a religion, therefore it seems inappropriate to have the Bible or any other religious literature displayed. I love the religion that I embrace, however, I abhor listening to others of more fundamental ideologies bring their Sunday School teachings into our open discussion meetings. I would hope that AA would continue to not insist that others be forced to acknowledge and show allegiance to any certain religion.

It might surprise some of the members in WNC to know that many meetings start and end with the Serenity Prayer and use no other. When I am at one of those meetings I experience such a feeling of total acceptance of everyone in the room. No one is excluded.

—D.P.

The Big Whisper

At the last District Eating Meeting it was obvious to me the "Big Whisper" is at work in District 70. You know what the "Big Whisper" is, we've all heard it. It's that tiny voice inside us that says things like: "You don't need to go to those boring meetings any more; all that goes anyway is young people and they can't teach you anything." And so, we don't go to our AA meet-

ings or to District Eating Meetings or to area conventions any more. The "Big Whisper" is also known by the aliases "Cunning," "Baffling," and "Powerful." The last "Big Whisper" too many of us hear is "You can drink socially now" or "One drink won't hurt you." It is part of my disease and I understand it affects all of us from two days' sobriety to 25 years and more sobriety. It kills a lot of us, too. —O.C.

How Much Is Our Sobriety Worth?

It seems appropriate from time to time to complain openly about things rather than keep those feelings to oneself.

First off, many AA members (including myself) do not support District Eating Meetings. Most often, there are no more than 75 or so persons at each of these gatherings. We seem to forget that it costs money to prepare for 125-150 folks, especially when 50-60 do not show. We can do better than that, can't we?

Secondly, when it comes to supporting the local DCM fund, or the Intergroup Office, or the N.C./Bermuda Service Area Committee, many groups in our District just plain DON'T. They either don't want to or feel they cannot afford to. If they cannot afford to, someone has failed to ask the burning question: "How much is our sobriety worth?" Remember, sobriety, like water, is free: it just costs money to have it piped to us. "I don't have the money to give to AA" is a reply often heard. But many of us spent freely when we were buying hundreds of dollars worth of whiskey and beer each month (before sobriety).

The same groups in this District keep giving over and over; the same groups in

Letters continued on next page

Letters (continued from page 1)

this District keep not giving over and over.

How much trouble and how much money is sobriety worth? The answer is yours.—E.G.

Carrying The Message

The Riverside Group of AA wants to extend a heartfelt thanks to Doug O. for sharing and caring "his" story at our May 26, 1990, Speaker Meeting. Keep carrying the message! The membership. —L.E.

Camping Anyone?

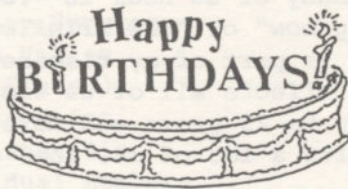
The Coffee Cup Campers, a group of men and women who are recovering in the programs of Alcoholics Anonymous and Alanon, and who en-

joy camping with other recovering people, invite all to join them for a weekend of camping, fellowship, and fun on one or both of the dates below:

July 13,14,15, Wingray Campground, Johnathan Creek Rd., Maggie Valley.

August 31, September 1,2,3, Lakewood RV Resort, off Upward Road, Hendersonville.

Bring your tent, pickup truck, camper or anything in between, but let us know what you will bring so we know your requirements. Group rates at Lakewood are \$10.00 per night per campsite. \$11 a night at Wingray and a deposit of \$10.35 is required. For information and/or reservations, call (704) 684-5790 or write Lynn Bicknell, 100 Joyce Avenue, Huntersville, NC 28078.



Acceptance Group

| | | |
|-----------|---------|---------|
| Arnold C. | 7/3/88 | 2 years |
| Britt L. | 7/4/88 | 2 years |
| Mark R. | 7/22/89 | 1 year |
| Dick P. | 7/28/82 | 8 years |

Arden Group

| | | |
|--------|---------|----------|
| Mac M. | 7/18/78 | 12 years |
|--------|---------|----------|

Back To Basics Group

| | | |
|----------|----------|----------|
| Judy S. | January | 8 years |
| James P. | February | 3 years |
| Rose B. | " | 5 years |
| Bill B. | " | 6 years |
| Ralph M. | " | 13 years |
| Jerry M. | March | 2 years |
| Paul J. | " | 1 year |
| Perry B. | April | 4 years |
| Rusty Mc | May | 7 years |
| Ernie D. | " | 4 years |
| Diane J. | " | 2 years |
| Gene R. | June | 34 years |
| Bob V. | " | 12 years |
| Clyde H. | " | 15 years |

Blue Ridge (Flat Rock) Group

| | | |
|------------|---------|---------|
| Bob P. | 7/10/83 | 7 years |
| Shirley G. | 7/1/86 | 4 years |

Brevard Group

| | | |
|--------|--------|----------|
| Tom S. | 6/1/77 | 13 years |
| Al L. | 6/8/81 | 9 years |

Cumberland Group

| | | |
|----------|---------|---------|
| Jerry W. | 6/10/82 | 8 years |
| Holly W. | 6/1/87 | 3 years |
| Scott M. | 6/14/88 | 2 years |
| Bill A. | 7/5/84 | 6 years |
| Joel L. | 7/29/88 | 2 years |

Hendersonville Group

| | | |
|--------------|---------|----------|
| Steve H. | 4/9/85 | 5 years |
| Laura J. | 4/12/77 | 13 years |
| Elizabeth E. | 4/1/87 | 3 years |
| Richard C. | 4/22/85 | 5 years |
| Elaine W. | 4/23/89 | 1 year |
| Miriam S. | 4/17/87 | 3 years |
| Dan Z. | 5/20/88 | 2 years |
| Beth P. | 5/20/89 | 1 year |
| Ann C. | 5/25/88 | 2 years |
| John T. | 5/11/89 | 1 year |
| Pam P. | 5/26/84 | 6 years |

Midday Group

| | | |
|--------|--------|--------|
| Joe T. | 7/4/89 | 1 year |
|--------|--------|--------|

Ridgerunners Group

| | | |
|----------|------|---------|
| Henry W. | June | 5 years |
|----------|------|---------|

Traditional Group

| | | |
|------------|---------|---------|
| Carolyn J. | 7/11/89 | 1 year |
| Mike K. | 7/29/84 | 6 years |
| Andy Mc | 7/2/89 | 1 year |
| Chris W. | 7/5/89 | 1 year |

Intergroup Meeting, July 15

IMPORTANT MESSAGE

The July 15 Intergroup meeting is of considerable importance to every group in our Districts 70 and 80, for it is at this meeting that an election of new officers will be held. Representatives from every group are urged to be present in order to bring their group's input to the meeting as well as, of course, to vote for the officers of their choice.

The meeting, on Sunday July 15, will be held at 897 Tunnel Road at 3 p.m. The address is across the street from East Asheville Fire Station and Community Center. 897 Tunnel Road is a white building adjacent to the Shell station. If further instructions are needed, please call the Intergroup Office any day, Monday to Friday, between 9:30 a.m. and 12:30 p.m.



Fellowship News

District 80 Eating Meeting

An Eating Meeting for District 80 has been arranged for Sunday, July 8, at Grace Episcopal Church, Haywood Street, Waynesville, NC. Eating is at 1:30 p.m., Speaker at 2:30 p.m.

New Meetings

Asheville. Tuesday, 7:30 a.m. Early Bird Meeting, at the Spiritual Growth Foundation, 891, Haywood Rd. (Open, nonsmoking)

Hendersonville. In addition to its regular Monday—Friday noon meetings, the Midday Group now meets at noon on Saturdays. (Open, nonsmoking.)

Saluda. "Happy Hour" nonsmoking meetings are now held on Fridays from 5 p.m. to 6 p.m. at Saluda's Episcopal Church Parish House at Henderson and Charles Sts. (1½ blocks up hill from post office). For further information, phone 749-9887.



Intergroup Phone Log

5/7/90--6/1/90

| | |
|-------------------------|-----|
| Answering Service Calls | 142 |
| General Information | 7 |
| AA Help | 7 |
| Family Help (Al-Anon) | 7 |
| Meeting Information | 30 |
| Intergroup Business | 25 |
| P.I. Calls | 1 |
| Others | 22 |
| Total | 241 |

Visitors to Office 31



Calendar of Events

1990 International Conference of Alcoholics Anonymous

Jul 5—8, 1990, in Seattle Washington. A travel agent here in North Carolina has arranged for some special air fares to Seattle. For conference registration and information on the travel packages, contact the Intergroup Office.

Forty-Third North Carolina/Bermuda State Convention will be held on July 20, 21, and 22 at the Hyatt Hotel, Winston-Salem. Full information will be mailed to groups.

Fifth International Serenity Run

August 2—5, 1990, in Cedaredge, Colorado. Contact I.S.R., P.O. Box 1143. Colorado Springs, CO 80901.

Forty-Sixth South Eastern Regional Conference

The conference will be held in conjunction with the Forty-Third South Carolina State Convention on August 15, 16, 17, and 18, at the Sheraton Charleston Hotel, in Charleston, South Carolina.

Treasurer's Report



CONTRIBUTIONS

| | | |
|--------------------|----|--------|
| Acceptance | \$ | 10.00 |
| Back To Basics | | 25.00 |
| Black Mountain | | 30.00 |
| Blue Ridge | | 50.00 |
| Brevard | | 64.17 |
| Cumberland | | 50.00 |
| Day By Day | | 30.00 |
| Fletcher | | 25.00 |
| Hendersonville | | 46.99 |
| Midday | | 120.00 |
| Midway (Polk Co.) | | 20.00 |
| No Nonsense | | 75.00 |
| Serenity Service | | 40.00 |
| Sylvan Valley | | 30.00 |
| Tryon (Tues.) | | 60.00 |
| Turning Point | | 10.00 |
| West Asheville | | 105.00 |
| Individual Members | | 33.00 |
| | \$ | 824.16 |

EXPENSES

| | |
|-----------------------|-------|
| Rent - 107 Park Place | 92.00 |
| Telephone - Service | 82.32 |
| Answer Service | 68.00 |

EXPENSES, Cont'd.

| | |
|------------------------------|-------------------|
| Classified Ad | 74.55 |
| Postage | 54.59 |
| Newsletter | 105.00 |
| Printing - Labels | 24.15 |
| Petty Cash | 10.00 |
| Special Workers - Coord. | 423.00 |
| Editor | 46.00 |
| Travel to Workshop- | 6.40 |
| Literature - Directory (W&W) | 158.26 |
| AAWS | 85.63 |
| Chips | 55.52 |
| Bank Services | .75 |
| Total | \$ 1286.17 |

SUMMARY

Balance 4-30-90 \$ 154.05

INCOME

| | |
|-----------------------|----------------|
| Contributions - Group | 791.16 |
| Individual | 33.00 |
| Sales - Lit. & Chips | 411.85 |
| Total | 1236.01 |
| Sub-Total (Available) | 1390.06 |

EXPENSES

| | |
|-----------------|----------------|
| Office | 986.76 |
| Literature | 243.89 |
| Chips | 55.52 |
| Total | 1286.17 |
| Balance 5-31-90 | \$ 103.89 |

Mountain Doin's is your personal contact with other members in our area and with Intergroup of Western North Carolina. We encourage personal subscriptions as well

as group subscriptions to the newsletter. All you have to do is fill in the form below and mail it in with your check or money order to the address shown below.

MOUNTAIN DOIN'S NEWSLETTER SUBSCRIPTION ORDER FORM

Name: _____ (If group, name of contact) _____
(individual or group)

Mailing address: _____

City: _____ State: _____ Zip: _____

| | MONTHLY RATE | | ANNUAL RATE | |
|--------------------|--------------|-----------|-------------|-----------|
| | 1st class | 3rd class | 1st class | 3rd class |
| One copy (1 oz) | .25¢ | .25¢ | \$3.00 | n/a |
| Five copies (3 oz) | .65¢ | .65¢ | \$7.80 | n/a |
| Ten copies (6 oz) | \$1.25 | \$1.00 | \$15.00 | \$12.00 |
| Fifteen (8 oz) | \$1.65 | \$1.10 | \$19.80 | \$13.20 |

Enclosed is \$ _____ for _____ copies to be sent by _____ class mail.

Please make check or money order payable to:

Intergroup of WNC, 107 Park Place Offices, 70 Woofdin Place, Asheville, NC 28801