

# MOUNTAIN DOIN'S

the intergroup newsletter.



## • AA CALENDAR OF EVENTS •

MOUNTAIN DOIN'S DEADLINE - Group information, letters, articles, A.A. Group Birthdays for the December, 1988 Christmas issue of MOUNTAIN DOIN'S must be submitted to the WNC Intergroup Office no later than November 5, 1988.

1988 FALL ROUNDUP - The 5th Annual Fall Roundup, "A Gathering of Gratitude", will be held November 18, 19 and 20th, 1988, at the Beech Activity Center, Wichita, Kansas. For more information, contact ROUND-UP, PO Box 48153, Wichita, Kansas, 67218.

G.S.R. FALL ASSEMBLY - The Fall Assmebly will be held this year November 19 - 20th, 1988, in Winston-Salem, N.C. All G.S.R.s and Alternates are urged to attend. See your group's G.S.R. for more information. We hope to have our area well represented, so plan early!!

DISTRICT #70 & #80 INTERGROUP MEETING - The next Intergroup Meeting will be held November 20, 1988 at 3:00 P.M. at St. Joan of Arc Church, 919 Haywood Rd., Asheville, N.C. Area groups are urged to send their Intergroup Rep., and copies of the December, 1988 MOUNTAIN DOIN'S as well as the new "WHERE & WHEN" brochures will be available.

22nd ANNUAL LAS VEGAS ROUNDUP - Perhaps the oldest and largest "Round-Up" for A.A.s. Full details and registration forms at the Intergroup Office. Held November 24 - 27, 1988, and more information can be found at (704) 382-1888, the Las Vegas Intergroup Office of A.A.

DISTRICT #80 BUSINESS MEETING - The next G.S.R. Business Meeting/Workshop will be held December 11, 1988 at 3:00 P.M. at the Jackson County Public Library in Sylva. G.S.R.s, Alternates and interested A.A.s are urged to attend. If you want your voice and opinions heard, this is the place to do it!!

NATIONAL A.A. WOMEN'S CONFERENCE - The 25th Anniversary Conference will be held February 16 - 19, 1989 in Kansas City, Missouri. Advance registration is urged for this very popular event! Contact NAWWA, P.O. Box 13245, Shawnee Mission, Kansas, 66212, for information and registration forms.

THANKSGIVING !! - For those really living "One Day At A Time", its November 24th.



Alcoholics Anonymous

NOVEMBER, 1988

N.C. Districts 70 & 80

Intergroup of WNC - 107 Park Place Offices - 70 Woodfin Place - Asheville, NC 28801 - Phone 704/254-8539

## Group and Local News...

WNC INTERGROUP OFFICE has completed revisions of the new "WHERE & WHEN" brochures which are now available. Due to the numerous group changes in our districts, we suggest each group pick up their copies either at the Intergroup Office, or have their Intergroup Rep. pick them up at the next Intergroup Meeting in November (See AA Calendar). Our gratitude to Diane M. for the hard work and long hours spent revising this brochure!!

NEW GROUP!! - The OASIS GROUP of Robbinsville, N.C., announces its formation and the start of a new meeting to be held each Saturday at 7:00 P.M. in Robbinsville, N.C. This is a Closed meeting, and all area AAs are urged to attend! Meetings will be held at The House Of New Beginnings, Rural Rt. #2, Robbinsville. For more information, call 479 - 3678.

THE WEST ASHEVILLE GROUP has moved to a new location at the Abernathy United Methodist Church, 1418 Patton Avenue, Asheville, N.C., not far from their previous meeting place. Check the new "Where & When" for details of the meetings.

THE STRUGGLERS GROUP wishes to remind area AAs of their meeting each Friday at 2:00 PM at the Pre-Release & Aftercare Center, 108 New Leicester Hwy., Asheville. This is an open meeting which deserves our support, so please attend one of their meetings when possible.

SPRUCE PINE GROUP announces the formation of a new group, the "BRING YOUR OWN LUNCH BUNCH" which now meets every Monday at 12 Noon at the Central Baptist Church in Spruce Pine. This is a closed meeting (and a great name!)

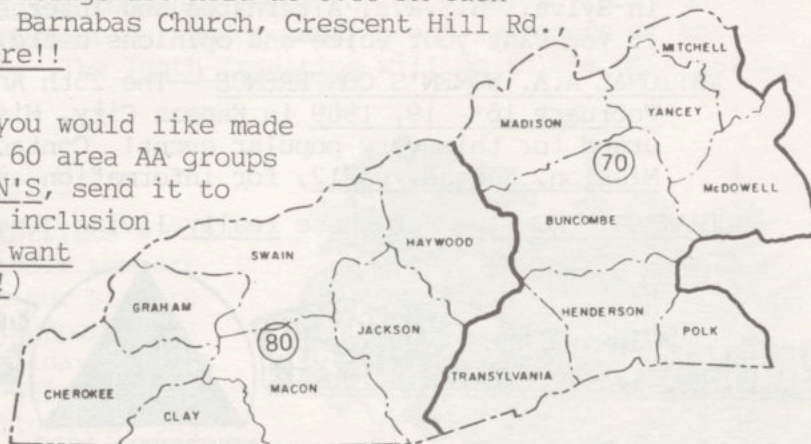
THE NEW MORNING GROUP in Spruce Pine which use to meet at the Spruce Pine Hospital on Wednesdays at 12 Noon has been forced to close due to problems with the meeting place. They hope to reorganize in the near future.

(It should be noted that the Spruce Pine AA Group, which now meets at the Trinity Episcopal Church each Thursday at 8:00 PM has been holding area meetings for 43 years next month. Congratulations on your success!!!)

12th STEP UPDATES from some area groups have not yet been received. Please return the 12th Step Update Form sent to your group last month to the WNC Intergroup Office as soon as possible. Thanks....

THE ARDEN GROUP'S Monday evening Step meetings continue to grow and inform. If you are in the area, meetings are held at 8:00 PM each Monday (Closed) at St. Barnabas Church, Crescent Hill Rd., in Arden. See you there!!

(\*\* If your group has news you would like made available to the more than 60 area AA groups receiving the MOUNTAIN DOIN'S, send it to us before November 5th for inclusion in our December issue. We want to know what you are doing!)





## PERSPECTIVES.....

Although 'famous people' in America often appear to be more fortunate than many, we owe them a debt of gratitude, of sorts, because some of them suffer from the same illnesses or diseases we do. Some recover, and some die. Either way, silences are suddenly broken, taboos become 'fashionable', and the government suddenly 'finds' alot of money to spend on research and treatment. Most of the time.

The fact is, long before Rock Hudson died, long before Betty Ford 'went public', people were dying by the thousands, and most Americans appeared to care less. But when our 'idols' become victims, suddenly, people care, people send money, people write best selling books, go on T.V. to reveal their 'sepcial problem', and people open treatment centers for diseases which were once unmentionable, much less publicly admitted.

The truth is - long before 'recovery' became a business, there was A.A. And by the grace of God, there still is.

This "business of recovery", of treatment centers, 'How-To' books, videos, and self-help groups for almost every illness now known, has its pros & cons, its detractors and supporters. No where is this more true than within the rooms of Alcoholics Anonymous. On the positive side, the 'recovery business' has saved many lives. The general population is now more aware of the dangers drinking poses not only to adults, but to our children who live in a society where its not only legal, but encouraged, despite the staggering loss of lives and the financial chaos involved with alcohol abuse. The 'recovery business' makes it somehow more acceptable to admit our lives are unmanageable, and as treatment centers flower in most major cities, medical/psychological help and support is available to many who might die without it.

On the other side of this very controversial coin, the business of recovery is just that - a business. And all businesses cost money. Alot of money. And paperwork which results in more paperwork, and delays, and sometimes, mistakes. The "business of recovery" is not fair or unfair. Its simply business. But it does seem somewhat un-realistic to expect that the alcoholic, finally reaching the bottom of the bottle and his disease, will have the \$ 5,000 - \$ 15,000 required for an in-patient treatment program, to say nothing of the 'required' insurance, personal physician, and other stipulations.

The truth is - alot of full-blown alcoholics don't even have wallets! And the only real solution, the proven "way back", is Alcoholics Anonymous. Pure and simply A.A. And perhaps thats because A.A. is not a business. Never was, never will be. They don't charge, there are no forms to sign, insurance claims, its not 'organized', it doesn't ask who your doctor is, doesn't substitute drugs for drugs, it doesn't ask your age, race, religion or even your name! All A.A. asks is that you have the desire to stop drinking. Thats all. Pure and simple.

And so for most people, from those coming down from the posh treatment center to those coming up from the gutter, its to the doors of A.A. where most will come and remain and, above all, recover. And thats because, when all is said or done, when all the glitter and publicity and "business" is cast aside, Alcoholics Anonymous works. Pure and simple.

And perhaps, just perhaps, theres a lesson to be learned from this miracle.....

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<b>A A BIRTHDAYS</b>																											
<u>ACCEPTANCE</u>					<u>BLACK MOUNTAIN</u>					<u>HENDERSONVILLE</u>					<u>SERENITY (Bakersville)</u>												
Cynthia C.	10/1	3	Don H.	10/25	20	Mike H.	10/6	5	Camille R.	(Sept)	9	John P.	10/1	3	Joy G.	10/12	5	Jo P.	10/17	4	Carol R.	"	12				
Lorraine B.	10/3	5	Kay M.	10/14	3	Stan S.	10/20	2	Ann L.	"	12	Jim W.	11/4	1	Bob S.	10/9	4	Owen C.	10/30	4	<u>SYLVA GROUP</u>						
Wayne D.	11/9	18	Jim M.	10/28	3	Steve L.	10/31	1	Gayla C.	(Oct)	3	Leslie S.	11/10	7	Bill G.	11/30	5	Ed G.	11/3	9	Sandy H.	"	5				
Dave L.	11/13	7	<u>BREVARD GROUP</u>					Luke C.	11/16	1	Georgia D.	(Nov)	1	Marge M.	11/17	4	Linda N.	8	Kathy Mc.	11/21	4	Alvin W.	"	20			
Bill W.	11/23	8	Lorraine W.	9	<u>HAYWOOD RD. GROUP</u>					<u>NEW DAY GROUP</u>					Oliver A.	"	7										
Kenneth C.	11/28	1	Mike I.	9/3	5	Don B.	(Oct)	6	Jody K.	"	28	BACK TO BASICS	Doris H.	11/18	12	Joe L.	9/21	1	Roscoe L.	"	1	TRADITIONAL	Russ B.	10/21	17		
Jack M.	9/3	2	Bill S.	9/2	6	Virginia S.	(Nov)	27	Terry P.	11/28	1	WAYNESVILLE-GRACE	Jack M.	9/3	2	Sarge H.	10/5	24	Jean J.	(Nov)	8	Dede S.	10/8	2	Betty S.	10/10	1
Loni K.	9/26	3	Jim O'H.	10/31	18	Lee S.	10/4	1	Pete T.	10/20	6	DALE P.	11/3	3	Debbie E.	11/16	1										



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## General Service News // District 80

Your group's G.S.R. will be receiving a newsletter shortly on much of what is going on in A.A., both in the area and the District. It is my hope they will share this information with their group's members.

The FALL G.S.R. ASSEMBLY will be held in Winston-Salem on November 19 - 20, 1988. All G.S.R.s and Alternates are urged to attend. If your group can afford it, pay their way. Its a small investment in your group's future.

Some groups will be electing new G.S.R.s soon. Please forward this information to me A.S.A.P. The A.A. Group Phamplet (pp: 16 - 17) asks "Is rotation important"? It states that with rotation of officers, problems based on personalities are prevented; no power or prestige gets bu lt up; no individual gets taken advantage of and imposes upon; and the blessings of giving service are shared by more and more members.

Host Groups for the 1989 EATING MEETINGS are still needed. There is always good food, good Fellowship and good sharing! Please have your group consider 'hosting' one of these meetings.

The next G.S.R. Business/Workshop Meeting will be held on December 11, 1988, in Sylva, N.C., at the Jackson County Public Library at 3:00 P.M. G.S.R.s, Alternates and any interested A.A.s are asked to attend this last GSR Meeting of 1988.

- Bob R., DCM, District #80

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## The Ninth Tradition.....

" A.A. as such ought never be organized, but we may create service boards or committees directly responsible to those they serve. "

Our Co-founders believed in the least amount of organization possible, and this still holds true - "KEEP IT SIMPLE". We do however have service boards (General Service) and committees (N.C./Bermuda Area), and they are directly responsible to those they serve. The G.S.R. is responsible to the Group, the Area Delegate and Chairperson to the Committee Members, and the General Service Board (Trustees) to the Area Delegates. All ultimately serve the groups. Decisions in A.A. are made by the groups through these trusted servants. Our trusted servants do not govern, they take direction from those they serve.

(Each month Bob R., DCM Dist. #80 comments on one of our Twelve Traditions of Alcoholics Anonymous to increase our understanding and awareness of the importance of our Traditions. The Tenth Tradition will be in the next issue.)

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## " H A P P Y T H A N K S G I V I N G "

The WNC Intergroup Office for Districts #70 & #80 wish all of our groups and their members a truly Happy Thanksgiving, with our sincere gratitude for your interest and support. We hope the true meaning of this holiday reminds all of us of the many blessings which have been bestowed upon us through our Fellowship, and that this spirit continues to attract those in search of a new and better way of Life.

- Miriam, Bob, Diane, Tom



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\*\*\*\*\* (704) 254 - 8539 \*\*\*\*\*

# Intergroup Information

## November, 1988

sun	mon	tue	wed	thu	fri	sat
☾ LQ 1	NEW NOON MEETING!!	1	2	3	4 Strugglers Group Meetings!	5 Deadline for Mt. Doin's
6	7	8	9	10	11	12
13	14	15	16	17	VETERAN'S DAY 18 FALL Round-Up BEGINS..	19 GSR FALL ASSEMBLY
20 #70 & #80 Intergroup Meeting!!	21	22	23	24 Las Vegas Round-Up! THANKSGIVING	25	26
27 *****	28	29	30	● NM 9	☾ FQ 16	○ FM 23

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 Information and details regarding items listed on the CALENDAR are included in the  
 "A.A. CALENDAR OF EVENTS" & "GROUP AND LOCAL NEWS" sections of this issue.  
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### Intergroup Meeting (minutes):

SEPTEMBER 18, 1988 - Pam P. opened the meeting with the Serenity Prayer. Reports from the Secretary and the Treasurer were read, and then approved.

There was no old business.

NEW BUSINESS: Diane M. brought up the subject of what to do with the out-dated "WHERE & WHEN" brochures. After some discussion, a motion was made and carried to give the pamphlets to the Public Information Office.

The up-dating of the "Where & When" brochures was discussed. A motion was made, and then approved, to up-date the brochure and print new ones. After discussion, a motion was made and carried to lend one of Intergroup's calculators to a group which was in need of one.

Rotation of the names on the 12th Step Up-date List was discussed. A motion was made and carried to rotate the names to avoid the same people being called upon all the time, and allow others to participate in 12 Step work. Several visitors from out-of-town have complained about the telephone manners of our Answering Service. This was discussed, and measures adopted to resolve the problem. Leslie B. announced a dance at the Valley Springs Community Center on Sept. 24th. It was sponsored jointly by A.A., Al-Anon and Alateen. The meeting adjourned at 3:55 P.M. with the Lord's Prayer. (Attending: Diane M., Miriam K., Rod B., Bob V., Gene A., Leslie B., M.L. Muirhead, G. Van Hoosen, S. Muirhead, Dan B., L. Humar, Bob V., Tom C. and Debbie P.)

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## Treasurer's Report

GROUP CONTRIBUTIONS: (INCOME)

ACCEPTANCE	\$ 30.00
BACK TO BASICS	20.00
BLACK MOUNTAIN	30.00
BLUE RIDGE	86.00
BREVARD	40.00
CUMBERLAND AVENUE	25.00
DAY BY DAY	20.00
FLETCHER	25.00
HENDERSONVILLE	540.20
HOPE	10.00
INTERGROUP MEETING	12.30
MOUNTAIN VIEW	120.00
NEW DAY	20.00
SERENITY SERVICE	20.00
SPRUCE PINE	25.00
SYLVA	30.00
TRADITIONAL	120.00
WEST ASHEVILLE	35.00
INDIVIDUALS	195.00

GROUP TOTALS: \$1403.50

LITERATURE SOLD: 200.65

TOTAL INCOME: \$1604.15

(An August contribution of \$10 by the Turning Point Group was inadvertently left out of the September report. Our apology.)

EXPENSES:

A.A.W.S.	\$ 377.84
ANSWER PHONE	77.40
ASHV. CITIZEN TIMES	70.68
CHIPS	70.68
COORDINATORS	396.00
HAYWOOD RD. (Coffee)	5.00
HAZELDEN	167.52
PRINTWERK (Mt. Doin's)	92.36
OFFICE SUPPLIES	15.00
PARK PLACE RENT	90.00
ST. JOAN OF ARC	7.30
SERVICE CHARGE	.50
SOUTHERN BELL	77.17
STAMPS	35.00
WHERE & WHEN PRINTING	190.21
GRAPEVINE	45.00

TOTAL EXPENSES: \$1701.33

SUMMARY: (As of September 30, 1988)

<u>BALANCE (8/31/88):</u>	\$ 624.78
<u>GROUPS:</u>	1208.50
<u>INDIVIDUALS:</u>	195.00
<u>LITERATURE:</u>	200.65
<u>TOTAL:</u>	<u>\$ 2,228.93</u>
(Less) <u>EXPENSES:</u>	<u>1,701.33</u>
<u>NEW BALANCE:</u>	<u>\$ 527.60</u>

( THE INTERGROUP TREASURER'S REPORT FOR SEPTEMBER, 1988, WAS COMPILED AND SUBMITTED BY BOB V., INTERGROUP TREASURER. )

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### Intergroup Phone Log

ANSWERING SERVICE	162
GENERAL INFORMATION	7
A.A. HELP	10
FAMILY HELP (A1-Anon)	11
MEETING INFORMATION	39
INTERGROUP BUSINESS	31
PUBLIC INFORMATION CALLS	1
MEDICAL HELP	0
OTHERS	12
<u>VISITORS TO OFFICE</u>	<u>24</u>

(Intergroup Office Activity for September 5 - 30, 1988)

### newsletter notes:

MOUNTAIN DOIN'S is the official newsletter of the WNC Intergroup Office serving Districts #70 and #80. Deadline for submissions is the 5th of each month for consideration in the next month's issue. (Info. for December, 1988 issue is due November 5th) Copies are sent to all area groups, and additional copies are available at the monthly Intergroup meetings. Articles, letters and information are encouraged, and the opinions expressed are not necessarily those of the WNC Intergroup Office or Alcoholics Anonymous. Your comments and suggestions are welcomed!!

(Tom C. is the current Editor of MOUNTAIN DOIN'S)

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