



MOUNTAIN DOIN'S

North Carolina Districts 70 & 80
Alcoholics Anonymous July 1988

Intergroup of WNC - 107 Park Place Offices - 70 Woodfin Place - Asheville, NC 28801 - Phone 704/254-8539

A.A. CALENDAR

DISTRICT-70 PUBLIC INFORMATION MEETING Sunday July 17, 1:30 PM - St. Joan of Arc Church, 919 Haywood Road, Asheville. (In school library next to parking lot) All District 70 Groups: Please have your PI representative attend this meeting.

DISTRICT 70 EATING MEETING Sunday Sept. 18 St. Joan of Arc Church, 919 Haywood Road, Asheville. Eating at 4 pm. Speaker at 5 pm.

SOUTHEASTERN CONVENTION and NORTH CAROLINA STATE CONVENTION August 17 to 20, Hyatt Winston-Salem. For registration and Hotel reservations write: Chairman, P.O. Box 18412, Raleigh, NC 27619.

DISTRICT 70 & 80 INTERGROUP MEETING Sunday July 17, 3:00 PM St. Joan of Arc Church 919 Haywood Road, Asheville.

GROUP NEWS

The Thursday night and Sunday afternoon speakers meeting of the **Sylvan Valley Group** will no longer be held as of July 3rd. That will be the last Sunday afternoon there will be a speakers meeting in Brevard. The Saturday morning beginners meeting will be held in the Hospital Meeting Room beginning the first Thursday night in July.

Cherokee Saturday Night Group has moved from the Hospital to the Methodist Church on Highway 19, Cherokee. Their meeting is at 8 PM, Saturdays. Smoking is allowed.

The **Just for Today Group** meets at the Neil Dobbins Detox Center, 277 Biltmore Avenue, Asheville daily Monday through Friday at noon and at 8 PM Tuesdays and Saturdays. This autonomous group carries the A.A. message to clients which hopefully will result in sobriety. You can help by attending these meetings to becoming a regular chairman one day each week.

GENERAL SERVICE NEWS District 80

The quarterly GSR's business meeting/workshop was held on June 12, in Sylva. Thirteen groups in the district were represented, along with visitors for a total of 20 in attendance. It is heartwarming for this trusted servant to see this turnout and the steadily progressing unity in the district.

The minutes of the spring assembly were distributed and discussed and the treasurers report shows an increase contributing and a balance after expenses.

A request for a host group for October's eating meeting was made with a tentative acceptance by one of the groups. Please have your group consider hosting next year--Jan. Apr. Jul. Oct.

Some items discussed at the workshop were how GSRs may keep their group's conscience informed and how to get old-timers to understand how important it is that they attend meetings and be available to help those coming into the fellowship. Group inventories were suggested to help in this and many other matters pertaining to the group, along with members or groups using the pamphlet "The A.A. Group" as a guideline.

The District welcomes Richard H. of the Cashiers Valley Group as a new GSR. The next Business Meeting/Workshop will be September 11. Bob R.-DCM District 80

My Apologies

The hot weather causes short power outages lasting only a few milliseconds that don't flicker lights but play havoc with computers making them go into an instant black-out. They even turn information recorded on disk into garbage. Putting together an issue of the Doin's usually takes me about 20 hours. This one took more like 60 hours. That is the main reason why I am late in getting this issue out, and why this issue is not up to my standards. I really couldn't help it, but I apologize anyway. Jim D.

INTERGROUP MEETING JUNE 19, 1988

The meeting was opened in the usual manner by the Serenity Prayer at 3:05 pm. The minutes of the previous meeting were read. The treasurer's report was read. It was noted by the treasurer that \$105 had to be taken out of the prudent reserve last month and more will need to be taken out this month. The secretary and treasurer's report were approved as read.

From last month's minutes it was noted that there was to be an article in Mountain Doin's about Kevin C's objection to the sale of Hazelden literature. Bob V reported that the information was not returned to him in time for inclusion in this month's edition.

Under old business, the nominating committee presented the following slate of officers: Chairman- Pam P. Secretary- Debbie P. Treasurer- Bob V. Trustee- Marvin M. During the meeting, Rod B. was nominated for vice-chairman. The slate of officers was accepted by all members present. Miriam thanked the outgoing officers for a job well done.

The financial situation of Intergroup was discussed. Jim R from Tryon described some of the problems in his area. Pam P noted that the Black Mountain (Group) gives all the money from their anniversary meeting and suggested that other groups might use this way to raise money for Intergroup.

It was noted that in 1984, it was voted to put the Intergroup Minutes in the Mountain Doin's. Since Jim D was not present, he will be notified to do this.

Marvin stressed the importance of ongoing education about Intergroup to the groups.

Gene V stated that some members in District 80 wanted to start their own Intergroup because they feel that we violate the 4th and 6th Tradition by selling Hazelden literature. It was suggested that sometimes controversy promotes growth.

The meeting was adjourned at 3:30 with the Lord's Prayer.

Respectfully submitted in loving service
Diane M for Leslie B.

TREASURER'S REPORT

June 1988

Group Contributions:
Back to Basics \$20.00
Black Mountain 30.00
Blue Ridge 80.60
Brevard 33.19
Cumberland Ave 20.90
Day by Day 40.00
Fletcher 25.00
Haywood Road 10.00
Hendersonville 201.23
Hope 10.00
Intergroup Mtg 10.00
Midday 90.00
New Day 20.00
Open Door 10.00
Serenity Service 20.00
Traditional 56.05
Turning Point 10.00
West Asheville 35.00
Total 811.97
Liter. Sold 132.15

AAWS liter. 23.77
Answerphone 61.40
Ashe Cit-Times 64.71
Chips 42.95
CompCare liter. 25.56
Coordinators 396.00
Haywood Rd.
coffee 6/19 5.00
Mountain Doin's 115.17
Park Place Rent 90.00
St. Joan of Arc
use of room 5.00
Service Charge 1.00
Soutern Bell 74.56
Total 905.12

Summary:
Balance 5/31 3.37
Groups 811.97
Individuals -0-
Literature Sold 132.15
Total 947.49
Expenses 905.12
Balance 6/30 42.37

Telephone Log

May 30-June 24

Answer Service 101
General Info 4
AA Help 21
Family Help=Alanon 15
Meeting Info 26
Intergr'p Business 13
Medical Help 1
Others 12
Total 193
Visitors 27

THE THIRD STEP

. . . three pertinent ideas:

- (a) That we were alcoholic, and could not manage our own lives.
- (b) That probably no human power could have relieved our alcoholism.
- (c) That God could and would if He were sought.

Being convinced (of these three ideas), we were at Step Three, which is that we decided to turn our will and our lives over to God, as we understood Him. Just what do we mean by that, and just what do we do? The first requirement is that we be convinced that any life run on self-will can hardly be a success. On that basis we are almost always in collision with something or somebody, even though our motives are good. Most people try to live by self-propulsion. Each person is like an actor who wants to run the whole show; is forever trying to arrange the lights, the ballet, the scenery and the rest of the players in his own way. If his arrangements would only stay put, if only people would do as he wished, the show would be great. Everyone, including himself, would be pleased. Life would be wonderful. In trying to make these arrangements, our actor may sometimes be quite virtuous. He may be kind, considerate, patient, generous; even modest and self-sacrificing. On the other hand he may be mean, egotistical, selfish and dishonest. But, as with most humans, he is more likely to have varied traits.

What usually happens? The show doesn't come off very well. He begins to think life doesn't treat him right. He decides to exert himself more. He begins to think life doesn't treat him right. He decides to exert himself more. He becomes on next occasion, still more demanding or gracious, as the case may be. Admitting he may be somewhat at fault, he is sure that other people are more to blame. He becomes angry, indignant, self-pitying. What is his basic trouble? Is he not really a self-seeker even when trying to be kind? Is he not really a victim of the delusion that he can wrest satisfaction and happiness out of this world if he only manages well? Is it not evident to all the rest of the players that these are the things he wants? And do not his actions make each of them wish to retaliate, snatching all they can get out of the show? Is he not, even in his best moments, a producer of confusion rather than harmony?

Our actor is self-centered--ego-centric as people like to call it nowadays. He is like the retired business man who lolls in the Florida sunshine in the winter complaining of the sad state of the nation; the minister who sighs over the sins of the twentieth century; politicians and reformers who are sure all would be Utopia if the rest of the world would only behave; the outlaw safe-cracker who thinks society has wronged him and the alcoholic who has lost all and is locked up. What ever our protestations, are not most of us concerned with ourselves, our resentments, or our self-pity?

Selfishness--self-centeredness. That, we think, is the root of our troubles. Driven by a hundred forms of fear. Self-delusion, self-seeking, and self-pity, we step on the toes of our fellows and they retaliate. Sometimes they hurt us, seemingly without provocation, but we invariably find that at some time in the past we have made a decisions based on self which later placed us in a position to be hurt.

So our troubles, we think, are basically of our own making. They arise out of ourselves, and the alcoholic is an extreme example of self-will run riot, though he usually doesn't think so. Above everything, we alcoholics must be rid of this selfishness. We must, or it will kill us! God makes that possible. And there often seems no way of entirely getting rid of self without His aid. Many of us had moral and philosophical convictions galore, but we could not live up to them even though we would have liked to. Neither could we reduce our self-centeredness much by wishing or trying on our own power. We had to have God's help.

This is the how and why of it. First of all, we had to quit playing God. It didn't work... From Alcoholics Anonymous pp.60-62 reprinted with permission of A.A. World Services.

THE SIXTH TRADITION

Our Sixth Tradition: An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

The 'related facility' may be an outside group combating alcoholism--or an enterprise that A.A.'s want to start. It was the latter that most often confronted the young Fellowship. Outside agencies were pretty scarce in those days, and some members thought A.A. should cover the whole alcoholism field. Led by a 'super-promoter' (as the 'Twelve and Twelve' describes him) one group built an all-purpose center, including a section for drying-out treatment. Picture any group tackling such a project! Arguments over cost, architecture, staff, fees, medication, and rules might even make the local paper. (And pity the poor newcomer straying into the group--'We'll get around to you in a minute.')

Though that ambitious center failed, some individual members have since founded successful clubhouses, rest farms, halfway house, etc. The enterprises are run by these A.A.'s and patronized by other members or prospective members. But money and property are involved. Therefore, it has proved wise to keep the operation of the facility completely separate from that of any A.A. group, and to 'A.A.' or terms like 'Twelfth Step' out of the name.

Toward outside agencies dealing with alcoholism, the A.A. policy is 'cooperation but not affiliation.' A group cooperates, for example, by welcoming referrals from clinics or by sponsoring A.A. groups in institutions but in one area, money for a rehab was solicited at an A.A. meeting--implying affiliation. In another, A.A. was listed among beneficiaries of a United Fund drive.

A.A. members employed by outside agencies 'wear two hats'--but Tradition Six cautions any such members against wearing both at once! On the job, they may be alcoholism counselors; they are not an 'A.A. counselor.' At meetings, they're just A.A.'s, not alcoholism experts.

(From The Twelve Traditions Illustrated with permission of A.A. World Services Inc.)

A.A. BIRTHDAYS

BLACK MOUNTAIN GROUP

Laura F.	7/14/68	20
Bill F.	7/17/68	20
Laura M.	7/03/87	1

BLUE RIDGE GROUP

Bob P.	7/10/83	5
Shirley G.	7/01/86	2

HENDERSONVILLE GROUP

Marshal D.	6/17/82	6
Brian R.	6/01/87	1
Sue H.	6/08/79	8
Joe D.	6/02/75	13
Henry M.	7/27/87	1
Mike T.	7/04/85	3

HOPE WOMEN'S GROUP

Curry W.	7/19/79	
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LIECESTER GROUP

Gretchen J.	6/15/87	1
Frank Mc.	6/22/86	2

NEW HOPE GROUP

Jane J.	7/25/81	7
Vaughn R.	7/20/87	1
Martha C.	7/23/85	3
Betty W.	7/03/86	2
Molly P.	7/05/83	5

SYLVA GROUP

Marty D.	July 78	10
Ginny D.	July 78	10
Buddy L.	July 86	2
Syd G.	July 82	6

TRADITIONAL GROUP

Ella M.	7/04/83	5
Todd H.	7/07/87	1
Alan H.	7/14/87	1
Mike D.	7/18/87	1
Terry D.	7/04/85	3

WAYNESVILLE GROUP

Frank I.	4/14/60	28
Gene VanH.	5/27/73	15
Millie R.	6/08/84	4
Stephanie S	6/14/85	3
Lewie T.	6/20/82	6