



MOUNTAIN

DOIN'S

April 1985

EATING MEETING

The Traditional Group will host an area meeting at Trinity Episcopal Church on May 5, 1985. Harry D of Shelby will be the speaker. Eat at 1:30 pm, speaker at 2:30 pm. Bring a covered dish.

DISTRICT 8 EATING MEETING

On April 14, 1985 there will be a covered dish eating meeting at the Presbyterian Church on Fletcher St. in Bryson City. Eat at 1 pm, followed by a speaker.

CLYDE "OPEN TO THE PUBLIC" MEETING

On April 28, 1985, there will be a meeting in Clyde at the Clyde Central United Methodist Church at 1:30 pm. There will be 3 - 4 speakers. Cake and coffee will be served.

3rd ANNUAL LONERS INTERNATIONALIST CONFERENCE

On June 21 - 23, 1985, the AA Loners will have a convention in Akron, Ohio. Contact Intergroup for more information

29th ANNUAL FLORIDA STATE CONVENTION

The Florida State Convention will be August 7 - 11, 1985 at the Hyatt Regency Hotel in Tampa, Florida. For a brochure, write 29th Annual Florida State Convention PO Box 1811, Lutz, Fl. 33549. Registration fee \$10 until May 10.

MARS HILL GROUP

The Mars Hill Group celebrated Ray H's two year birthday on April 4 with a guest speaker. All AA's are invited to attend this group at the Mars Hill United Methodist Church on Thursday nights at 8 pm.

PRERELEASE GROUP

The Struggler's Group will be meeting at the Prerelease Center on Leicester Highway on Fridays at 2 pm.

SPECIAL NOTICE

If your name is on the Twelve Step or Speaker's list and your phone number has changed, please drop the Intergroup Office a note with the change so we can keep our lists updated.

DCM FUND

The DCM fund is a function of Intergroup used to send our DCM to conventions to represent our district. The fund is at a very low point financially right now. If your group has any extra money, please remember this fund. Send a check to DCM Fund, Intergroup, 107 Parkway Office Building, Asheville, NC.

60 - 30 - 10 PLAN

It is suggested that after taking care of the basic group expenses, each group divide the remaining funds according to the 60 - 30 - 10 plan. Maybe your group doesn't even have these addresses:

- 60% - Intergroup of WNC, Inc.
107 Parkway Office Building
Asheville, NC 28801
- 30% - GSO
Box 459
Grand Central Station
New York, NY 10163
- 10% - NC/Bermuda Service Area
Box 3146
Wilson, NC 27893

Mountain Doin's is the newsletter for Intergroup of WNC representing AA in Districts 7 & 8. Published monthly, Mountain Doin's is distributed on the tenth day of each month. The closing date for reader contributions is the first of each month.



"Poor Charlie dropped a bottle of liquor on the floor and spilled it all over," said the bar tender to a customer.

"That's too bad, I bet he feels terrible about that," the customer replied.

"Oh, he'll be all right as soon as they get all the splinters out of his tongue."

One ole boy said to another, "Did you ever taste moonshine whiskey?"

"Certainly not," said his friend. "Anybody who can't swallow fast enough to keep from tasting it has no business trying to drink the stuff."

Mr. Gotrocks boasted, "We've been everywhere and we've seen everything."

Mr. Soused asked, "Have you ever had delirium tremens?"

"No!"

"Well then, you've never been anywhere and you haven't seen anything yet."

WAIA 10/83

An American tippler took a vacation mountain climbing in the Swiss Alps with a native guide. On the windy, snowy slopes, they lost their bearings, and in the bitter cold were preparing camp. All at once they sighted the familiar Saint Bernard dog trotting up with a keg tied around its neck.

"Here comes man's best friend!" cried the Swiss guide.

"Yes," replied the American. "And look at the big furry dog that's bringing it."

WAIA 2-85

Easy Does It

Group Contributions	
Acceptance	20.00
Black Mountain	15.00
Blue Ridge	74.57
Blue Ridge (memory of Fred R)	15.00
Fletcher	25.00
Haywood Road Smokeless	20.00
Haywood Road (Ad for paper)	32.96
Hendersonville	60.17
Murphy	20.00
Open Door	10.00
Serenity Service	30.00
Sylvan Valley	100.00
Traditional	25.00
West Asheville	30.00
Total	477.70
Literature sold	74.80
Individual Contributions (2 anonymous, Barbara B)	55.00
Expenses	
Parkway Office Rent	55.00
Asheville CitizenTimes	46.92
Mountain Doin's	78.60
Answering Service	33.00
AA World Literature	85.59
Coordinator	315.00
Office Supplies	51.37
Southern Bell	61.34
Typewriter	261.19
Total	988.01
Total Groups	477.70
Literature sold	74.80
Individual contributions	55.00
Total Received	607.50
Balance Brought Forward	1173.99
Total Available	1781.49
Less Expenses	988.01
D/M Printed Checks	22.88
Balance as of 3-25	770.60

Let us always remember
that anonymity—not taking credit
for our own or others' recovery—
is humility at work.

HOW IT WORKS

THERE ARE NO 'MUSTS' IN A.A.

"There are no 'musts' in A.A." Guess you've all heard that statement at one time or another. Give a listen as I quote just a few lines from the 6th chapter of the Big Book, titled "Into Action." "We must be entirely honest with somebody if we expect to live long or happily in this world." "We must be hard on ourself but always considerate of others." "We must not use this as an excuse to postpone." (Pertaining to the 5th Step). "We must not shrink at anything." "We must take the lead." "Every day is a day when we must carry the vision of God's will into all of our activities." "We must be careful not to drift into worry, remorse or morbid reflection, for that would diminish our usefulness to others." Yes, there are 'MUSTS' in the Big Book and the Big Book is Alcoholics Anonymous. What's that, you say? It also says, "Here are the steps we took, which are suggested as a program of recovery." Right on. A few hundred thousand A.A.'s before me suggest I try this if I want what they have found - true, contented sobriety. Their suggestions are up to me. If I honestly want what they have and are "willing to go to any lengths", then their suggestions simply become 'musts' for me. It is my choice. I look down three roads - possibly only two. One leads back to where I was before, one road may give me half-hearted sobriety, while the third brings me to that new way of life so many of us envision.

J.H.

Now and Then - Ishpeming, MI

A careless word may kindle strife;
A cruel word may wreck a life;
A bitter word may hate instill;
A brutal word may smite and kill. —Anon.
words break no bones, they can break hearts.

Some people carry their Anonymity so far that, "Not even GOD knows they belong to AA."

Intergroup Minutes

The Regular Intergroup meeting was held at 2:20 pm following a lunch at St. Joan of Arc Catholic Church on Sunday March 17, 1985.

The Intergroup office was cleaned by a professional cleaner paid for by an anonymous donation.

A new typewriter will be purchased next Tuesday.

The Where and When lists are typed. They are divided according to cities. The cost of typesetting will be checked and the officers will make a decision on printing.

The Answerphone service will be going up \$10 next month.

There will be a Health Fair at Asheville High School on April 4, 1985. They will be provided some pamphlets to distribute.

There is a shelter at St. Lawrence Catholic Church sponsored by ABCCM. If you need to refer someone who has no place to go, call 252-2752.

In the future, all Intergroup meetings will be in the library of St. Joan of Arc Church. The basket will be passed to pay for coffee and the balance will be given to the church for rent.

The next Intergroup meeting will be on April 21 at 3 pm at St. Joan of Arc Church. The possibility of a June Eating Meeting with the GSR's will be discussed.

Present: Buck R, Visitor; Lane M, Sylvan Valley; Joy G, Visitor; Dan G, Acceptance; Louise F, Hendersonville; Charlotte F, Visitor; Ted F, Trustee; Fred H, Haywood Road; Michael K, Treasurer; Carl C, Visitor; Terry, Visitor; Diane M, Cumberland Ave; Dave T, W. Asheville, Caroline G, Visitor; Gene V, Canton; Frank R, Blue Ridge; MLM, Waynesville; Sheila W, Secretary; Pam P, Black Mountain.





BIRTHDAYS & ANNIVERSARIES

APRIL

Acceptance	
Denise K	1
Mary K	1
Lidia H	2
Gayle W	1
Daphne H	3
Gladys K	4
Denise L	5
Marion	
Glenda C	3
Bill J	6
Bryson City	
Jack D	32
Joe W	9
Bob M	8
Jean M	8
Sylva	
Bill G	4
Richard W	1
Blue Ridge	
Mildred G	15
Judy M	9
Bill L	3
John L	1
Murphy	
Boyce S	3
Minnie M	6
Fred B	5
Victoria	
Ron F	1
Steve M	2
Andrew C	1
Gerald W	7
Mars Hill	
Ray H	2
West Asheville	
Kelsey S	2
Richard S	3
Hoyt W	5
Jim B	8

This is the wish I always wish,
The prayer I always pray:
Lord, may my life help other lives
It touches on life's way.

—Anon.



Incoming Calls to Intergroup

MARCH 4 - 29, 1985

Answering Service	18
General Information	4
AA Help	9
Family Help (Al-Anon)	10
Meeting Information	6
Intergroup Business	30
PI Calls	3
Medical Help	1
Others	3
Total	84
Visitors	26

SOBRIETY: THE NECESSARY CONDITION

So often at meetings we hear members talking about family problems, "relationship" problems, job problems, financial problems, and so forth. These discussions lead to the common observation that all problems are not solved simply because we stop drinking and that living sober means much more than staying away from alcohol.

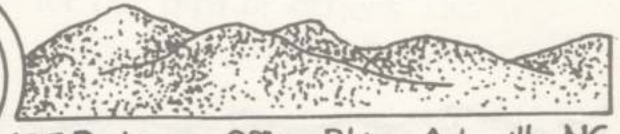
True, true, true. But, while not drinking will not in itself guarantee a happy, serene life, we do stress strongly that not drinking is a necessary condition to our happiness and serenity. There is no way that we can, while drinking, deal responsibly with our daily living problems. Thus, the choice that presents itself is between having a chance (but not a guarantee) of happiness and having no chance at all. I am grateful to God for granting me release from the compulsion to drink and, thereby, granting me a chance to live responsibly, to learn from my mistakes, and to try again, knowing that there is still a chance, providing I don't drink.

Pick Me Up 8-84

One day at a time...



MOUNTAIN DOIN'S % Intergroup



107 Parkway Office Bldg., Asheville, NC