



MOUNTAIN DOIN'S

JULY 1983

NEWSLETTER OF INTERGROUP OF WNC  
107 PARKWAY OFFICE BUILDING  
ASHEVILLE, N.C. 28801

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DISTRICT VIII QUARTERLY MEETING & DINNER

The Waynesville-Grace Group extends an invitation to all area AA's to attend their quarterly meeting. It will be held at Grace Episcopal Church on Sunday, July 17. The dining room will be available at 1:30 pm. Eating will be at 2 pm with a speaker at 3 pm. Bring a covered dish.

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DISTRICT VII EATING MEETING

On Sunday, July 24, the Victoria Group and the First Step Group will sponsor an area meeting at the East Asheville Community Center. Eating will be at 1:30 pm and there will be a speaker at 2:30 pm. Everyone is invited to attend - Bring a covered dish.

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ANNUAL PICNIC FOR DISTRICTS VII & VIII

August 7 is the date set for the annual picnic. Bring your own picnic lunch and cold drinks. Coffee will be furnished. The picnic will be at the Carolina Power and Light Co. picnic area in Skyland from 11 am until everyone leaves. Eating will be at 1:30 pm. Please join us for an afternoon of fellowship and fun.

How to get there: Take Route 25 (Hendersonville Road) out of Asheville and turn right at the Skyland traffic light. The picnic area is on the left across from Valley Springs School. When you see a big crowd of exdrunks, you're there.

FROM THE EDITOR:

This is my first issue as your editor of the Mountain Doin's. I would like to thank all of you who have supported me in this venture. Send us your announcements about new meetings and area get togethers. Write a short article about a step, tradition, or how you got to where you are. Send all your ideas and suggestions to the Intergroup Office or call 254-8539.

July is freedom month. We have found a new freedom and happiness through sobriety and working the twelve steps of recovery. We are free from the life consuming obsession to stay drunk all the time. We are free from those hangovers that were like having the Hong Kong flu and the 24 hour virus at the same time. We are free from those awful (but sometimes merciful) black-outs. We can sin sober if we want to - after all we didn't come here to get good, we came here to get well. But more important, we are free to feel again. Emotions that were deadened so long come back to life. We are free to love, care, get angry, and be ourselves. If you believe that the age of miracles is dead, go to a meeting tonight.

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From Parkway Office - Happenings

One-0-seven is proving again this June to be a stopping by place for travelers through our area - this should continue until the leaves fall. Calls have come in from visitors as far away as California and as close as Bat Cave for meeting information. Conventioneers tell us it feels right just to talk a bit even if no time for a meeting.

Frank H, Greenville, has been working in Asheville the last few weeks and drops by for a word when around the building. Several weeks ago, I was privileged to share a few minutes with his sponser Jim, now sober 38 years, one day at a time.

Literature sales are increasing, and hopefully, we can expand our inventory to meet your needs. Remember those pamphlets you may pick up do cost a bit - we don't mean to be rude if we suggest payment to you regulars (we do give away a good number).

To those groups and/or individuals who drop a note with a monthly contribution or birthday list - "Thanks", it's nice to hear from you.

Got a call regarding a lecture on "Bee Pollen", supposed to be of some help for alcoholism. Whatever works, I guess.

Easy Does It - CWF

INCOMING TELEPHONE CALLS INTERGROUP OFFICE MAY 31 - JUNE 25, 1983

General information	3	Medical help	3
AA Help	10	Intergroup business	21
Family help (Al-Anon)	7	Answering service	22
PI	0	Other	7
Meeting Information	18	Total	91



INTERGROUP MEETING JUNE 19, 1983

Ted F, Chairman, opened the monthly meeting of the Intergroup of WNC at 3:13pm on Sunday, June 19, 1983. The meeting was held at the Allen Center, and opened with the Serenity Prayer.

Ted introduced Diane M. as the new editor of the Mountain Doin's. The April minutes were read and approved. Roy H, treasurer, read the financial report which was accepted as presented.

OLD BUSINESS

- 1) Chairman asked for report of those people who had visited the area groups to discuss Intergroup business and the need for additional support. It was reported that the visitors were well received. The coordinator reported that some increased monies were coming into the office.
- 2) Question as to the new filing system for 12 step names for Parkway Office. It was reported that no action had been taken at this time.
- 3) Brief discussion of any problems or situations with Answering Service. Just minor issues were presented. It was agreed they do a good job.

NEW BUSINESS

Judy S presented the slate of officers as selected by the Nominating Committee and accepted by the Executive Board. Selections included: Jean W, chairman; Joe R, vice-chairman; Miriam K, secretary; and Sheila W, treasurer. The group was reminded of the advisability of electing a trustee. Roy H nominated Ted F. Lewis seconded the motion and it carried. The slate of officers was accepted as presented - there were no nominations from the floor and the officers were voted for unanimously from the slate presented.

Janet S, GSR from Tryon addressed the group concerning difficulties because of distances involved in the Intergroup area of concerns. There was some discussion as to way to further communication.

Members voted to give the outgoing officers a vote of appreciation. With no further business, the meeting as adjourned at 3:58 pm with the saying of the Lord's Prayer. Next meeting to be on Sunday July 17, at 3 pm in the Allen Center.

Respectfully submitted,

Charlotte F for Curry W, Secretary

Attendance: Ted F, Chairman; Lewis P, Cumberland; Sheila W, Acceptance; Jack M, Visitor; Diane M, Traditional; Jim L, Coordinator; Michael K, Traditional Alternate; Ray D, Hendersonville; Roy H, Treasurer; Janet S, Tryon; Judy S, Serenity Service; Jackie W, Visitor; Mike K, Visitor; Charlotte F, Coordinator.

BIRTHDAYS/ANNIVERSARIES

APRIL

Tryon Group

Barbara T 1  
 Burley D 3  
 Lefty H 4  
 Pauline S 6

MAY

Tryon Group

George C 2  
 Jim R 2  
 Sally B 1  
 Marion & Tim T 30

JUNE

Tryon Group

Anton C 26  
 Charles C 1  
 Margaret S 1  
 Patricia P 1  
 Waynesville Group  
 Harriett P 1

JULY

Fletcher Group

Pierce A 18  
 Blue Ridge Group  
 Virgie R 15  
 Fred R 9  
 Eva P 5

Gertrude H 4

Rick F 1

Hendersonville Group

John C 2  
 Mike O 6

AUGUST

Fletcher Group

Dorothy P 14

ONE DAY AT A TIME !

Correction: In the June issue, Frank C was reported as a member of the Murphy Group. He is a member of the NoNonsense Group that meets at the Murphy Medical Center. He also informed us that no one except himself knows his AA birthday.

BIRTHDAY CLUB: Charlotte F made a contribution to Intergroup to celebrate her sixth birthday. What a great idea !

PLAN AHEAD: Remember, it wasn't raining when Noah built the ark. The closing date for the next issue is August 1.