

# MOUNTAIN DOWNS

AUGUST  
1979

NEWSLETTER OF INTERGROUP OF WESTERN NORTH  
CAROLINA, 107 PARKWAY OFFICE BUILDING,  
ASHEVILLE, N.C. 28801\*\*\* PHONE 704-254-8539

REMINDER:

District 7 - Eating Meeting - Blue Ridge Group hosting  
September 16th. St. John's in the Wilderness, Flat  
Rock, N.C. You are asked to bring a covered dish.  
Eating at 1:30 P.M. and Conway H. of Atlanta speaking  
at 2:30 P.M. Come join in the fellowship and see how  
good it makes you feel.

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SERVICE:

Those of you that are interested in service will note  
that a meeting will be held at 2 P.M. on August 12 in  
the A.A. meeting room, Trinity Episcopal Church, Church  
Street, Asheville, N.C. All GSR and PI and alternates  
are expected to be present.

INTERGROUP MEETING will be held August 19th at 3 P.M.  
107 Parkway Office Building, Asheville, N.C. All  
groups are urged to send a representative from their  
group. All interested members are welcome.



THIS SPACE RESERVED FOR THOSE OF  
YOU WHO DIDN'T SEND IN YOUR NEWS!



## EYE OPENER:

The other day I stopped by the Intergroup office for a reason that I cannot remember (still suffering brain damage), but I do recall encountering a poor stiff who looked as if he had spent a sabbatical in the weeds. He was not functioning well at all, experiencing that condition we all know as "drunk and sick."

Better him than me, I reasoned, but someone had to take care of the drunk. He was a textbook model for a stint in detox. In fact, a veritable bazaar of drunk and sick models parade through Intergroup office each week. A few make it, others don't. One thing for sure, the road to recovery begins with a little help from some anonymous friends. A dab of money is required to keep the office open so human beings can be funneled into a world where drinking alcohol is a matter of choice.

Most of us owe our sobriety to someone or group that gave us a little push in the right direction. A few hours, transportation to meetings and other considerations boil down to love and concern, plus out-of-pocket money.

We are self-supporting through our own contributions, reads the purpose of AA. A great deal of our 12th step work is performed by Intergroup because the truth is that many of us do not or will not give the time that we ought to give to the final and all-encompassing step in the maintenance of our own sobriety. Very little of the dollar we put into the hat goes to Intergroup, but each of us can claim that gift as part of our service.

What I am trying to say is that a dollar a meeting--in these inflationary times--is a puny price to pay for our lives and sanity, and we can get up at least that amount. (My own guilt is enormous in this respect, because at the going rate I will probably drink \$2 worth of coffee at each meeting).

If we do not wish to turn our responsibilities of carrying the message of sobriety over to some faceless governmental agency, then we should support Intergroup and our own groups with our time and our money.

BOB H.  
Fletcher Group



CONTRIBUTATIONS:

GROUPS

Haw Creek  
Victoria  
Hendersonville  
Serenity Service

Fletcher  
Brevard  
West Asheville  
Traditional  
Canton

INDIVIDUALS

Ed. D.  
Leroy B.  
Cecil D.

Thank you for a total of \$294.44.

Note: If you have contributed this month and your name is not listed, it will appear next issue.

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STATE CONVENTION NOTES:

Those of you that did not attend the meetings held in Winston-Salem, July 27, 28, 29 missed some of the best fellowship and speaking in a long time, maybe ever. Although, the attendance was off from previous years, this did not dampen the enthusiasm and good old sound AA.



HAPPY BIRTHDAY

AUGUST	GROUP	YEARS
Dot P.	Fletcher	10
Brian H.	Victoria	2
Ernie G.	"	4
Ann S.	"	25
Red B.	Brevard	22
Don R.	"	18
Bennett J.	"	28
Eva S.	"	1
Jim B.	Sylva	28
Alan O.	Bakersville	8
Ann L.	"	3
Dick W.	Traditional	2

If you care to add the years above, you should come up with 151 years.

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THE GREAT FACT

The great fact is just this, and nothing less! that we have had deep and effective spiritual experience which have revolutionized our whole attitude toward life, toward our fellows and toward God's universe. The central face of our lives today is the absolute certainty that our Creator has entered into our hearts and lives in a way which is indeed miraculous. He has commenced to accomplish those things for us which we could never do by ourselves.

"Alcoholic Anonymous"



Intergroup of W.N.C.  
107 Parkway Office Bldg.  
Asheville, N. C. 28801

FINANCIAL REPORT

JULY 1979

BALANCE ON HAND JUNE 29, 1979 \_\_\_\_\_ \$79.71

INCOME

Literature sold (Service Manual) \_\_\_\_\_ \$ 1.75  
Where and when cards \_\_\_\_\_ 15.00  
16.75

INDIVIDUAL CONTRIBUTIONS

Ed D. \_\_\_\_\_ 10.00  
LeRoy B. \_\_\_\_\_ 5.00  
Cecil D. \_\_\_\_\_ 25.00  
40.00

GROUP CONTRIBUTIONS

Haw Creek \_\_\_\_\_ 10.00  
Victoria \_\_\_\_\_ 20.00  
Hendersonville \_\_\_\_\_ 49.44  
Serenity Service (Apr., May, June) \_\_\_\_\_ 75.00  
Fletcher \_\_\_\_\_ 15.00  
Brevard \_\_\_\_\_ 30.00  
West Asheville \_\_\_\_\_ 20.00  
Traditional \_\_\_\_\_ 25.00  
Canton \_\_\_\_\_ 10.00  
254.44

Total income \_\_\_\_\_ \$311.19  
Brought forward \_\_\_\_\_ 79.71  
Grand total \_\_\_\_\_ \$390.90

DISBURSEMENTS

Co-ordinator ( Mary B. ) \_\_\_\_\_ 200.00  
Office Rent \_\_\_\_\_ 47.00  
Quick-copies \_\_\_\_\_ 7.07  
Telephone \_\_\_\_\_ 4.20  
Office supplies (Envelopes and stamps) \_\_\_\_\_ 16.44  
Gilbert Printing (payment on account) \_\_\_\_\_ 20.00  
Answerphone \_\_\_\_\_ 25.00  
Asheville-Citizen (adv.) \_\_\_\_\_ 37.20  
Total disbursements \_\_\_\_\_ \$356.91

Balance July 31, 1979 \_\_\_\_\_ 33.99

Next Intergroup meeting August 19, 1979 at 3P.M., 107 Parkway  
Office Bldg., Asheville, N.C.