

Mountain Doin's

JANUARY
1979

NEWSLETTER OF INTERGROUP OF WESTERN NORTH CAROLINA
107 PARKWAY OFFICE BUILDING
ASHEVILLE, N.C. 28801 --- PHONE 704-254-8539

12th ANNUAL TAR HEEL CONFERENCE SET FOR WINSTON-SALEM JAN.12-14

The 12th Annual Tar Heel Mid-Winter Conference will be held at the Winston-Salem Hyatt House and M.C. Benton Convention Center in Winston-Salem January 12-14.

Since its beginning in 1968, the Mid-Winter Conference has been noted for its outstanding program of speakers, warm fellowship and hospitality. This year, the sponsors promise, will be no exception.

Speakers for the occasion include Eloise W., and Franklin W., both of Olive Branch, Miss.; Joe M. of Little Rock, Ark.; Hugh B. of Alexandria, Va., and Mildred F. of Willowdale, Ontario.

The coffee is free, of course, and will be served 'round the clock.

NOON MEETINGS SCHEDULED TWICE WEEKLY AT WALL ST.

The Serenity Service Group of 12½ Wall Street will begin holding noon meetings twice weekly on Tuesdays and Thursdays at 12:30 p.m. The first meeting is scheduled for February 1.

The daytime meetings, a group spokesman said, should be convenient for persons working night shifts and for many downtown city workers.

Persons with Asheville city auto stickers are reminded and encouraged to take advantage of the two hour free parking privilege at the City Garage.



PETE G., of Traditional Group leaves the local scene for the political scene in Washington, D.C. on Jan. 15. A former editor of Mountain Doin's and longtime friend of the still suffering alcoholic, PETE will be missed by all groups in the Asheville area. We extend our best wishes for success in his new position... DAVID R., former staffer at ARC recently took on a new position as asst. dir. of First Step

Farm and also took on a pretty bride. Congratulations on both counts!... JO H., coordinator at the Parkway A.A. office had a bad "slip" and missed her 5th birthday at Traditional. JO slipped and sprained her ankle while Xmas shopping at Westgate. In addition to a delicious cake, she also missed a fine talk by NEIL D... PAULINE H. of Mustard Seed, who earned her GED not long ago under the A-B Tech Adult Ed. Program, gave a heart-warming talk to a recent graduating class... Many faculty members, including the school president were deeply impressed with her earnest, sincere message... JOHNNY and MARGIE C. of the popular Haw Creek Group reported a capacity crowd for the group's second annual New Year's Eve party... ANDREW G. is still recuperating at the Oteen VA Hosp. Best wishes for a speedy recovery.

DR. BOB ON THE FOUR ABSOLUTES

....." The four absolutes, as we called them, were the only yardsticks we had in the early days, before the Steps. I think the absolutes still hold good and can be extremely helpful. I have found at times that a question arises, and I want to do the right thing, but the answer is not obvious. Almost always, if I measure my decision carefully by the yardsticks of absolute honesty, absolute unselfishness, absolute purity, and absolute love, and it checks up pretty well with those four, then my answer can't be very far out of the way. If, however, I do that and I'm still not too satisfied with the answer, I usually consult with some friend whose judgment, in this particular case, would be very much better than mine. But usually the absolutes can help you to reach your own personal decision without bothering your friends."

From Dr. Bob's last major talk, Dec. 1948

BELIEVE IT OR NOT

MUSTARD SEED CLUB MOVES ONE MORE TIME
TO "PERMANENT" QUARTERS IN ALLEN CENTER

The Victoria Group will hold its first meeting Sunday January 14 at 11 am in its newly acquired quarters at the Mustard Seed Club next to the Stone Soup Kitchen in the Allen Center.

Spokesmen for the Mustard Seed Club say the new location is more convenient and more spacious. Furthermore, the spokesmen added, "We are reasonably certain that this will be our permanent location."

Well, let's say, for the time being, at least.

ON THE SICK LIST

Eloise Mc. of Brevard is in St. Joseph's Hospital for a series of tests. Visitors and cards are welcome. She's in Rm 925.

FRED S. and his wife of Hendersonville are both at home now recovering from a recent illness. Get well soon!

-oOo-

THANKS TO ANONYMOUS DONORS

DON O., of Fletcher announced at Intergroup Office that two anonymous members have paid for a year's listing in the Henderson County telephone directory which serves: Saluda, Lake Lure, Arden-Fletcher and Hendersonville. The number listed will be the Intergroup number in Asheville, -254-8539.

Side-splitter at recent Asheville A.A. meeting:

" I simply had to make up my mind to quit drinkin' and quit re-marryin'."

INTERGROUP CORNER

Here are the reports for November and December to finish out 1978 as promised:

NOVEMBER

38 calls for help received and assistance provided.
33 answerphone calls followed up.
22 visitors to office in Parkway Bldg.
9 speakers were obtained.

Ten persons attended and seven groups were represented at the November 19 meeting of Intergroup.

DECEMBER

39 calls for help received and assistance provided.
31 Answerphone calls followed up.
29 visitors to office.
3 speakers were obtained.

Eleven persons attended representing six groups at the December 17 meeting of Intergroup.

INTERGROUP MEETING SCHEDULED
FOR SUNDAY JANUARY 28

The next Intergroup meeting will be held on Sunday January 28 at 3 pm in the Parkway Office Building. Groups are urged to send representatives. Coffee and cake will be served.

JO H., Coordinator for Intergroup wishes to thank all groups and individuals who sent Christmas cards. Many happy 24 hours to all!

-c0o-

Then there was the alcoholic who had talent for writing music. The only problem was, he could never get past the first two bars.

WELCOME

TEN NEW A.A. AND ALANON GROUPS
ORGANIZED IN W. NORTH CAROLINA

FRANKLIN: Last Resort, Tue. 8 pm (open); Primary Purpose, (Women-closed) Wed. 2pm; Serenity Group, Fri. 8 pm. Community Bldg. Georgia Rd.

HIGHLANDS: New Hope Group. Sat. 8 pm (open) First Baptist Church
Bakersville, Spruce Pine, Burnsville and Black Mtn. have recently organized Alanon Groups

CULLOWEE VALLEY : Wed. 8 pm. St. David's Church, Tuckasegee, N.C.

MARSHALL: Madison County Group. Fri. 8 pm. Marshall Presbyterian Church.

-cOo-

The judge said to the alcoholic: " It's alcohol that's responsible for your pitiful condition." The drunk replied: " Judge, you've made me very happy. Everybody has told me it's all my fault."

A FRIENDLY EDITORIAL

Mountain Doin's, as our letterhead states, is a newsletter of Intergroup of Western North Carolina. It's purpose is to provide a communication link by publishing news of interest to ALL A.A. groups in the area. Beginning with the New Year, Mountain Doin's hopes to receive, and publish, more news of interest from groups beyond the Asheville area. To be specific, we would like to hear from groups in Brevard, Marion, Andrews, Bryson City, Spruce Pine, Fletcher, Canton, Black Mountain, Franklin, Cherokee, Hayesville, Burnsville, Flat Rock, Tryon, Bakersville and Hendersonville and all the new groups. We know you're out there, in our neighboring cities and counties, still carryin' the message and promoting A.A. fellowship. Perhaps, in your own quiet way, you folks probably are doing a better job. Therefore, Mountain Doin's urges each group secretary to make a New Year's resolution to send in timely news notes on a regular basis. We truly need and solicit your help in carryin' the message. With thanks in advance and HAPPY NEW YEAR!

-O-

He was always a three martini man. When he returned from lunch he was so loaded they made him take the freight elevator.





HAPPY BIRTHDAY *

JANUARY

LOU L.	TRADITIONAL	7 YEARS
BOB H.	12½ WALL STREET	7 YEARS
SYLVIA J.	FLETCHER	6 YEARS
MARGIE C.	HAW CREEK	3 YEARS
SALLY J.	BLUE RIDGE	2 YEARS
DON K.	HENDERSONVILLE	2 YEARS
AL E.	TRYON	6 YEARS
BEN J.	CHEROKEE	7 YEARS
GILMORE C.	VICTORIA	9 YEARS

FEBRUARY

HELEN D.	HENDERSONVILLE	7 YEARS
ED D.	HENDERSONVILLE	7 YEARS
RALPH M.	WEST ASHEVILLE	2 YEARS
MARY C.	TRADITIONAL	8 YEARS
JONNIE M.	TRYON	2 YEARS
ROBERT L.	BURNSVILLE	2 YEARS
JOE G.	CHEROKEE	2 YEARS
DANNY B.	WEST ASHEVILLE	15 YEARS

* As reported to Mountain Doin's at press time. In case of errors, please notify Coordinator at Parkway Office Building.

Congratulations and best wishes to all!