

Mountain Doin's

NEWSLETTER OF INTERGROUP / 107 PARKWAY OFFICE
OF WESTERN NORTH CAROLINA BUILDING
ASHEVILLE, N.C. 28801 -- PHONE (704) 254-8539
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FLETCHER GROUP OBSERVES SECOND ANNIV. DEC. 7th

The Fletcher A.A. Group will observe its second birthday anniversary with a coffee and cake meeting on December 7. Members of the group cordially invite all Western North Carolina members to attend.

The regular meeting will start at 8 p.m. following cake and coffee at 7 o'clock. Joe F. of Simpsonville, S.C. will be the guest speaker for the occasion. The Fletcher Group meets once weekly at the United Methodist Church.

WEST ASHEVILLE GROUP SCHEDULES ANNUAL BIRTHDAY CELEBRATIONS

Members of the West Asheville A.A. Group will hold their annual 3-month celebration for all those observing birthdays during the months of October, November and December. The event is scheduled for Saturday, December 16 at 8 p.m.

This popular event on the West Asheville calendar usually draws a good crowd and members are looking forward to a large turnout. The group meets twice weekly on Wednesday (closed) and Saturday at St. Georges Episcopal Church.

NEIL D. NAMED NEW N.C. STATE DELEGATE TO N.Y.

Neil D. of Victoria Rd. Group, a former District Committeeman of District 7 has been selected as N.C. State Delegate to New York. Harry D. of Shelby, N.C. is the new state chairman and Cliff T. of Kinston replaces Neil as state secretary-treasurer. Congratulations to a fine slate of officers.



Multiple birthdays are becoming increasingly popular in the Western North Carolina area... MORRIS R. and BARRY O. (5 yrs each) and JEAN W. (2 yrs) shared a huge birthday cake at the Traditional Group on Nov. 17... Another triple birthday celebration was held at the Fletcher Group on Nov. 23 for DON O. (15 yrs), DOT G., (5 yrs) and SALLY F. (1 yr.) ... BOB W. of Raleigh returns to the Traditional Group where it all started, to pick up a 15-year chip on Dec. 28. BOB is well known in the W. North Carolina area and continues to serve as sponsor for two or more members here... A record gathering of 37 A.A. members helped the

Haw Creek group celebrate its first anniversary on Nov. 20... Haw Creek secretary, JOHNNY C, estimated the group represented more than 175 years of sobriety... DIANE M., Traditional Group secretary splurged for a new bigger and better coffee maker to accommodate the growing attendance... Congratulations to BILL and MARY W. who became blue chippers on the very night of Haw Creek's first anniversary... Best wishes for a speedy recovery for Gene V. of the Canton Easy Does It Group, currently recovering nicely at Haywood County Hospital... MARY W. of Haw Creek was discharged recently from Memorial intensive care but may have to return for additional observation and treatment.

Dr. BOB ON COCKINESS

..." I don't believe I have any right to get cocky about getting sober. It's only through God's grace that I did it. I can feel very thankful that I was privileged to do it. I may have contributed some activity to help, but basically, it was only through His kindness. If my strength does come from Him, who am I to get cocky about it? I should have a very, very humble attitude toward the source of my strength; I should never cease to be grateful for whatever blessings come my way. And I have been blessed in very large measure."

From Dr. Bob's last major talk, Dec. 1948.

NEW A.A. GROUP ORGANIZED

First Step Group, a new A.A. group for the Candler area meets every Wednesday night at First Step Farm.



HAPPY BIRTHDAY

* LATE BIRTHDAY ANNOUNCEMENTS

OCTOBER*

LESTER G. - 10th	SYLVA	1 YEAR
CHARLES D. - 13th	"	11 YEARS
TOM B. - 28th	"	1 YEAR
PERCY P. - 30th	"	12 YEARS

NOVEMBER*

BILL W. - 21st	HAW CREEK	1 YEAR
MARY W. - 21st	" "	1 YEAR
ALVIN W. - 21st	SYLVA	10 YEARS
DON T. - 22nd	"	2 YEARS
CORKY M.	W. ASHEVILLE	4 YEARS

DECEMBER

GEORGE K - - - -	BREVARD	1 YEAR
VERNON W. - 8th	W. ASHEVILLE	-
SCOTTY C. - 12th	SYLVA	2 YEARS
BILL Mg - 15th	W. ASHEVILLE	4 YEARS
LANNIE O. - 20th	W. ASHEVILLE	1 YEAR
JO H. - 22nd	TRADITIONAL	5 YEARS
GERALD P. - 25th	SYLVA	1 YEAR
MARY B. - 26th	FLETCHER	6 YEARS
HOYT W. - 27th	W. ASHEVILLE	4 YEARS
GEORGE W. -	TRYON	6 YEARS
SHORTY R. -	BREVARD	5 YEARS
JOCK P. -	"	2 YEARS
AILEEN S. -	*****"*****	2 YEARS

INTERGROUP CORNER

Nine members representing six groups attended an Intergroup Committee meeting on Oct. 15. During October the Intergroup office responded to 105 calls and received 27 visitors. The next Intergroup Committee meeting will be held on December 17. ----- CHRISTMAS GIFTS? BOOKS FOR SALE.

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Let us be of good cheer, remembering that the misfortunes hardest to bear are those which never come.

James Russell Lowell

MERRY CHRISTMAS AND A HAPPY NEW YEAR!



BLUE RIDGE GROUP ELECTS
NEW SLATE OF OFFICERS

Sally J. was elected secretary of the Blue Ridge Group at a recent election meeting. Howard P. was elected as the new G.S.R. representative.

Other members elected were: Fred S., Public Information; Brooks S. Int. Rep., and Joan B., treasurer. John A., Sally J., Mildred G. and Woody O. were elected to the steering committee.

WHAT ARE YOUR CHANCES
OF MAINTAINING SOBRIETY ???

Modern statistical techniques make it possible to predict the probability of members' staying sober according to Box 4-5-9, a General Service Office bimonthly publication.

"For instance," the publication states, "a member with less than a year's sobriety has a 35-45% chance of going through the next year without a drink. A member with one to five years sobriety has an 80% likelihood of staying sober another year and remaining in the Fellowship.

"A member with more than five years' sobriety has a 90% chance of going through the next year both not drinking and remaining in the Fellowship."

This was one of several findings as the result of a G.S.O. 1977 survey of nearly 18,000 A.A. members.

The importance of professional alcoholism treatment and counseling in getting people to A.A. has almost doubled since 1974, the survey disclosed. Among the respondents, 24% listed outside counseling or treatment as a factor most important in getting them to A.A. In 1974, it was only 14%.

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I am not afraid of tomorrow, for I have
seen yesterday and I love today.

Wm Allen White