

MOUNTAIN DOINGS



AUGUST 1978

NEWSLETTER OF INTERGROUP OF WESTERN NORTH
CAROLINA, 107 PARKWAY OFFICE BUILDING,
ASHEVILLE, N.C. 28801 --- PHONE 704-254-8539

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9/4/78
8/9/78*

MUSTARD SEED CLUB AND VICTORIA ROAD GROUP MOVE TO THE ALLEN CENTER

The Mustard Seed Club and The Victoria Road Group moved during the past week from its quarters on Chestnut Street to The Allen Center, 331 College Street.

Perhaps the "movingest" group in Western North Carolina, members of the popular AA group are hopeful that they have now found a permanent home.

Originally located on Victoria Road, the group moved to Furman Street several years ago. When the building was "sold out from under them", members packed up and moved to Chestnut Street. Faced with another "eviction notice" by a new owner, members packed up once more for new meeting quarters in the Allen Center.

Notices of the move have been sent to all groups in the Western North Carolina area. The meeting schedule remains the same:

Monday 8 pm (closed)
Friday 8 pm (open)
Sunday 11am (open)

The new meeting room is located on the second floor of the West Wing Building. The telephone number remains the same: 252-1273.

DISTRICT 7 EATING-MEETING
SCHEDULED FOR SEPT. 17

A District 7 "Eating-Meeting" will be held in Blue Ridge Sunday September 17. Luncheon will begin at 1:30 pm.

SEPTEMBER GRAPEVINE FEATURES
TOPICS ON SOBRIETY, THE MAN
AND THE PHYSICIAN AND SELF-
APPOINTED ORATORS.

The Grapevine's primary purpose is talking about sobriety, so it's appropriate that this month's lead article have that title. Sobriety, says the writer, is more than physical; mental and spiritual sobriety come as a result of staying dry and working the program. Another writer has a new twist on the "geographic cure" --- it's the journey from the world of drinking to the "New World of Sobriety."

"Equal Time, Please," talks about the "self-appointed orators or undiscovered comedians" who occasionally monopolize meetings. Other articles deal with handling the conflicts that sometimes arise between AA commitments and family commitments.

The Grapevine recently unearthed a piece of AA history, an unpublished manuscript about co-founder Dr. Bob, written after his death in 1950. The article deals with the "two personalities" of Dr. Bob: "As he made his rounds through St. Thomas Hospital, he did so as Dr. R.H.S., medical practitioner. But as he came to Room 390, the alcoholic ward, he put off the cloak of science and professionalism and became just plain Dr. Bob, a man eager, willing, and able to help his fellowman. As he left the hospital each day, two men went through the door---one a great MD---the other a great man."

MOUNTAIN-DOIN'S
NEEDS HELP

Attention all Group Secretaries: Please mail or call news notes to AA Coordinator, Parkway Office Building, Asheville, N.C. 28801. For news flashes call (704) 254-8539.

HAPPY BIRTHDAY *

AUGUST

Mary Ann D.	Victoria Road	5 years
Jay B.	" "	6 years
Brian H.	" "	1 year
Ed M.	First Step	1 year
Red B.	Brevard	21 years
Frank M.	"	1 year
Bennett J.	"	25 years
Jim B.	Sylva	27 years

Ed M. above received a blue chip, marking an important milestone for First Step Group.

The Brevard Group will mark an important milestone also on the night of August 18 by presenting blue chips to Red B. for 21 years and to Bennett J. for 25 years of sobriety. CONGRATULATIONS!

* As reported to us at press time. In case of errors, please notify Coordinator at Parkway Office Bldg.

VIRGINIA STATE CONVENTION
SCHEDULED FOR ROANOKE
AUGUST 18, 19, 20

The 1978 Annual Virginia State Convention will be held at the historic Hotel Roanoke in Roanoke, Va., August 18, 19 and 20. No less than six guest speakers have been invited to participate in the annual event.

BAKERSVILLE AND SPRUCE PINE
GROUPS CHANGE MEETING NIGHTS
AND LOCATIONS

The Bakersville Group has changed its meeting night from Tuesday to Monday. The Serenity Group now meets at 8 pm at the United Methodist Church.

The Spruce Pine Group meets Thursday at 8 pm at the Spruce Pine Episcopal Church.

The Bakersville Al-Anon group meets every Monday at 8pm at the United Methodist Church and the Spruce Pine Al-Anon group meets every Thursday at 8pm at the Trinity Episcopal Church

THIRD ANNUAL OCEAN ROUNDUP
CRUISE SCHEDULED FOR OCT.6-9

The Third Annual Ocean Roundup Cruise, Miami to Nassau, will be held October 6-9 aboard the luxury liner SS Emerald Seas.

The-fabulous ocean retreat offers accommodations ranging from \$155 to \$305. For detailed information write: Ocean Round-Up III, PO Box 010882, Miami, Fla.

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We do not so much need the help of our friends as the confidence of their help in need...Epicurus