

28 Sept., 1975  
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(704) 254-8539

# "MOUNTAIN DOIN'S

## "ANDREWS"

Andrews, will host the next District 8, "EATIN MEETIN", the 2nd Sunday in Oct. The Meeting will be held in the Methodist Church, "EATIN" at 1:30 "MEETIN" at 3:00. See you there.

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## "NOVEMBER 2"

Nov. 2, is the date set for the next District 7, Speakin MEETIN. Hendersonville will be the host. Details will be in the October News Letter.

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## "STUDY GROUP"

District 8, Franklin, has a new Group, the Study Group, they meet Friday Night, at the 1st Baptist Church. Let's get out and support our new Friends.

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## "NEWS FROM CHEROKEE"

The Saturday Night meeting of the Cherokee Group is going great Guns. They meet at the Boys Club, in Cherokee. Let's all try and make a few more out of town meetings before the "Snow Flies."

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## "FRED C." RETURNS HOME"

Mr. Fred, as he is fondly known by many of us in the Fellowship, returned from Knoxville, Friday, September 19, to pick up a belated 10 Year Chip. There were many well wishers - some came by just to say hello - most stayed for a Good AA Meeting, Good Eating, and Good Fellowship.

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## "1372"

1372, members of AA and Alanon joined together in Greensboro September 12-14, (at the new Convention Headquarters, (The Royal Villa) for some of the best Speakers, and Fellowshipin, this writer has been privileged to share. The biggest problem we had was getting the Hotel Staff to understand about our Coffee, finally one Member of the Fellowship cleared the whole thing up by explaining that we in the "Fellowship", drank coffee the way we drank Liquor, constantly.

I'm sure all those who attended are eagerly awaiting the Convention.

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"MOUNTAIN DOIN'S"

28 Sept., 1975

"INTERGROUP"

Intergroup met Sunday past in Waynesville, N. C. There was a good turn-out. Several new groups were represented and expressed an interest in How Intergroup works.

We need all your help to insure Intergroup's continuing Growth, and expanding Service. We can achieve this by not only supporting Intergroup with Group and Individual monthly contributions, but by adding your name to our Speaker and Twelve Step lists. Peggy, of the Intergroup Office has available, copies of these lists, and will be happy to send your Group some.

The next Intergroup meeting will be held the thrid Sunday, in Oct. at the Intergroup Office: 107 Parkway Office Building. See you then.

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"BIRTHDAYS"

- John A.
- Russ B.
- Fred C.
- Dot G.

Achieved-A-Day-At-A-Time

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"ASSEMBLY PLANNING UNDERWAY"

G.S.R.'s and ALTERNATES, begin plans for the Assembly in November Royal Villa, Greensboro. Work Shops have been planned for days. Speakers from G.S.O.N.Y. in the Evenings.

Looks like we're all in for an informative as well as enjoyable Assembly.

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"MOUNTAIN DOIN'S"

We need NEWS, Having a Special Speaker, Birthday's, or has Joe got a story to tell? Let us know about it, MOUNTAIN DOIN'S, is your News Letter.

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"INTERGROUP IS WORKING"

Just look around you at any AA Meeting.

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"P.I. SPEAKING LIST"

Need names of qualified AA Members, who would be willing to speak to Civic Groups, Schools, and orther oragizations interested in how AA works for us.If your interested contact Peggy, at the Intergroup Office.

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## "The Letter"

Aug. 28,

Dear Sponsor,

This is one of those rare occasions when everything is realitively quiet here at Detox, so I thought I would grab the opportunity to write a few lines. So far tonight, since 4:00 p.m. we have had only six admissions. Normally, by this time of night, 9:00 p.m., we would have had at least 12-15 admissions.

I'm sorry that there wasn't a way for us to find a way to spend some time together while we were in Asheville on the 17th. Perhaps I can find time to get up there for a day before I check into the hospital on the 18th of September.

This job has turned out to be almost the equivalent of a miracle. Five days a week, for 8 1/2 hours a day, I am reminded that "but for the grace of God" it could be me that the police bring through the door of the center. "Whenever anyone, anywhere reaches out for help, I want the hand of AA to be there, and, for that, I am responsible. Now, in this job, I am there.

If it weren't for the people in Asheville, most especially you, I would not be where I am today.

Thank you. \*

Love to all,  
26 mos.

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THE 23rd ALCOHOLIC PSALM

My God and A.A. are my shepherds;  
That first drink, I shall not  
want.

They maketh me honest in order to  
lie down in serene pastures.  
They leadeth me willingly away  
from all alcoholic waters.

This restoreth me back to sanity  
and rekindles a flame in my dark  
and tormented soul; They guideth  
me in sober paths for their name  
sake.

Yes, I ahve staggered through the  
valley of the shadow of death,  
for then I could care less about  
such evil. For they were not  
with me.

Now, their will and compassion,  
they confort me. They preparast  
a Twelve Step program before me,  
to help remove from me all of my  
defects, which were my enemies.  
They annointed my head with such  
awareness that now my cup of hope  
runneth over.

Surely, the goodness and mercy of  
this fellowship shall follow me  
all the days of my life; if I  
pray to stay sober one day at a  
time - then I will be worthy to  
dwell in the house of God and A.A.  
forever.

AMEN

"ROSE Y" - 1st Anniversary Comm.  
3/10/75 - "369" Group

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"SINCE WHEN DID ALCOHOLICS ANONYMOUS  
Start holding Meetings in the  
"OLD CHELSEA BAR and GRILL"?"

